

## Appendix: All signatures comments

887

[Back to signature list](#)

I have had a serious reaction (for the second time) resulting in amnesia, short term memory loss, cognitive problems and had increased muscle pain and severe fatigue. I still have problems even though I have been off of these medications for 10 months. It aggravates me that no one seems to take these reactions seriously.

886

[Back to signature list](#)

Was put on a statin due to FH. In six weeks felt as though I had aged 10 years with all the bad side effects. After being off the drug for 2 weeks am still battling to get rid of the rash and muscle + joint pain. Will never take this poison again. Would rather take my chances with nature than have the quality of life I had on simvastatin.

883

[Back to signature list](#)

Horrible drug should be taken off the market  
I don't know if I will ever recover

881

[Back to signature list](#)

Yes I have felt the awful sideeffects and have quit the medication

880

[Back to signature list](#)

My husband has debilitating and deteriorating health from taking Lipitor for the past 7 years.

He took himself off it last month and I am praying that the impact on his health from the past 7 years of use won't be permanent.

877

[Back to signature list](#)

the overall benefit of statins is biased and results in ill health generally we take otherwise healthy individuals who may have high blood pressure and stick them on a statin then give pain killers to alleviate the muscle aches supplement them with coQ10 to masquerade the nasty side effects ignore the forgetfulness but never mind its good for them, madness!!!!

876

[Back to signature list](#)

I took a low dose of Zocor for a couple of months and I've still got the muscle cramps even after three years,

873

[Back to signature list](#)

After I started taking simvastatin for a few weeks the muscles in my arms began feeling tight as if I had been working out for the first time. They hurt when I would reach out for anything such as opening the door, I could not hold my small grandchild without almost dropping him. I told my doctor and she prescribed Rosuvastatin at 5 mg, the Simvastatin was at 20mg. After 1 month I am feeling the same symptoms start again.

868

[Back to signature list](#)

A free, critical investigation into the benefits and possibly harmful side effects of statins are by now long overdue. I hope your petition will accomplish that. Good luck! And thank you!

867

[Back to signature list](#)

I was on Crestor for 5 years, by the time I discovered that I was having side effects from the stuff, I couldn't walk. I suffered intense pain and fatigue for months. I finally found a Forum with others who were suffering like me, and began my recovery. It is two years now and I am finally starting to see a lot of progress.

**864**

[Back to signature list](#)

It is 8 months since I took Crestor and I have been left with permanent muscle damage. I am not able to do the things I did before the reaction to the statin. It has changed my life.

**861**

[Back to signature list](#)

My self I've experienced total amnesia for remote events after 1 year of statin therapy.

**859**

[Back to signature list](#)

I am a caucasian male of 46 years and I have been on a dose of 10mg/day of Lipitor for approximately 5 years. I regularly have headaches, muscle and joint pain, diarrhea as well as a general weakness in my muscles.

**858**

[Back to signature list](#)

The drug companys who make  
The doctors who prescribe  
The chemists who dispense  
THE POISON CALLED STATINS  
SHOULD ALL HANG THEIR HEADS IN SHAME FOR THE PARTS IN MAKING HEALTHY PEOPLE ALL OVER THE  
WORLD SICK !  
SHAME ON YOU ALL !  
YOU SHOULD ALL BE IN JAIL !  
YOU RUIN DECENT PEOPLES LIVES !!!

**857**

[Back to signature list](#)

I am a 68 yr old Female who was started on 20mg of Lipitor. Day 3 I began crying jags for no reason and a headache radiating from my shoulders and neck. I had low energy and was achey all over. I thought I had the flu. Symptoms worsened and I began having muscle spasms in my legs, hips and ribcage. When it went to esophageal spasms, it was time to quit! I've been a hairdresser for 50 years, and was now unable to hold up my arms to do my work. I quit Lipitor after 5 days-I'll take the coronary

**856**

[Back to signature list](#)

please stop this measly silent killer, think about our health, not profits!

**855**

[Back to signature list](#)

Started lipitor 20mg 3yrs. ago at age 47,for elevated cholesterol.Lipitor increased to 40 then 80mg.General health was good when I started tx,now unable to work due to insomnia,extreme fatigue,muscle pain/weakness,chest pain, pain in hands,poor memory,mental fogginess, anxiety,depression.Stopped lipitor 6 wks. ago,feeling much better mentally,still experiencing muscle/joint symptoms and insomnia.

**853**

[Back to signature list](#)

zocor 2 a day for 6months leg cramps like charley horses at least 4 to 6 times a night hard to get much sleep or rest there must be a better way

852

[Back to signature list](#)

Muscle weakness, Seem to get sick "cold" aprox every 3 weeks. Have difficult time fighting infections.

851

[Back to signature list](#)

I have been experiencing severe muscle pain and severe arthritic like pain since being prescribed Zocor.

850

[Back to signature list](#)

My mother and lipitor, was completely healthy no serious illness diagnosed apart from high cholesterol. Within 3 years taking lipitor - she experienced - short term memory deteriorated, muscle pains, mobility declined, depression, aggression, overall cognitive ability deteriorated. Then crestor 20mg - 3 yrs. This had the same effect if not worse + Weight gain. Fluid oozing from enlarged breasts, gallbladder removed, sight affected. Her life has been stolen. Does't take statin anymore. Is 72

849

[Back to signature list](#)

I am a 50 year old Caucasian male, and was diagnosed with familial hyper cholesterolemia at the age of 25. I have tried a range of statin over the years (Zocor, Symvastatin, Lipitor and most recently Crestor). Anything over 5mg per day produces unacceptable side effects.

There include mood swings, depression, lack of concentration, loss of libido, weight gain.

When Crestor dosage was increased from 5 to 10mg for the first time I experienced real constant pain in my lower right leg.

848

[Back to signature list](#)

I have seen and am continuing to see increasing numbers of friends and associates suffer horribly from the 'side effects' of taking Statins.

This travesty must be stopped.

843

[Back to signature list](#)

I HAVE DISPENSED MANY PRESCRIPTIONS FOR STATINS AND HAD THE PATIENTS IN SEVERE PAIN IN THEIR BACKS AND LEGS. MOST OF THE TIME IT WOULD CEASE WITH D/C OF THE MEDS

841

[Back to signature list](#)

Yet another way the NWO is utilising to cull the population. Disgusting.

838

[Back to signature list](#)

Watched a friends mother coming back from the effects of Statins. I will never allow a family member of mine to ever take them.

837

[Back to signature list](#)

Multiple debilitating side effects causing dysfunction during 6 weeks of Crestor therapy.

836

[Back to signature list](#)

I took statin drugs for 8 years. During the whole time I was lethargic, sleepy ,had sore muscles, etc. I then passed out and hit my head, jamming my neck. I got off beta blockers, statin drugs, and maio inhibitors over a year ago, and feel like a different person . I exercise regularly etc. and feel 20 years younger and take coQ10 daily

Thanks, Bobby Pritchett

**833**

[Back to signature list](#)

Lipitor at 80 mg I strated to think I had Parkinsons or dementia. I had to make myself move, I felt leaden. Stopped Lipitor 2 weeks ago, bought Coenzyme Q10, felt better in less than 12 hours. Other things gettng better but muscle pain a bit worse.

**832**

[Back to signature list](#)

Over the past eight years, my husband has been on two statin drugs - Lipitor and Simvastin. He has also experienced two episodes of Global Transient Amnesia in the past three years. The doctors admit they do not know what causes this amnesia, but won't won't investigate the link between this condition and statin drugs. This is not a common condition, however in one week we've heard of 4 other local cases. It's clearly the cause. Statin use is increasing rapidly and so is amnesia! Its poison

**830**

[Back to signature list](#)

Clearly there is an issue here and its about time something was done to uncover the truths that lie behind it all...

**828**

[Back to signature list](#)

They cause so much havoc, that the drug companies ought to be sued over it!

**820**

[Back to signature list](#)

Age 76 Started on Zocor 4 years ago. Later changed to generic Simvastatin. After about 6 months I developed insomnia, chronic fatigue and severe pain in my right knee and left shoulder. Went to sleep clinics and was put on sleeping pills which did no good. Surgeon wanted to replace my right knee after draining it 3 times. My daughter, my sister age 80, and son age 48 were all suffering aches and pains (although in different places) we found that the only common item was statins. Pain now gone

**818**

[Back to signature list](#)

Took 40 mg Simvastatin a day for about 4 months. Had terrible muscle pains, even the thigh muscle hurt? I couldn't lift my left arm over my head and my feet hurt. The day I got out of bed and my feet couldn't support my own weight, I knew it had to be the Simvastatin that made me feel so bad. I stopped the medication and it took about one year to get back to normal. No more aches and pains!

**815**

[Back to signature list](#)

I have took lipitor zetia & pravastatin all have adverse reaction; muscle fatigue, neck, leg & arm pain cannot get out of bed in morning depression, symptoms got so bad called dr took me off (4/10/09 pravastatin; zetia was the only 1 that did not effect me as bad, I am wondering if it effects people so bad why does the FDA approve this medicine, what can you take in place of this, & do we need this med; I am not taking any more statin, I think we need to have more studies on this med

**813**

[Back to signature list](#)

I have muscle problems and cognitive and memory problem due to the statins I am taking. Presently Lipitor 20 Mg

811

[Back to signature list](#)

Still suffering numb feet with pins and needles in feet and hands four months after stopping Statins

810

[Back to signature list](#)

I became more active after ceasing to take statins six years ago

809

[Back to signature list](#)

My husband healthy but for a poor sense of smell and slightly elevated Cholesterol was prescribed 20mg Lipitor Nov 06. Change noticed Jan 07. Sept 07 before he was taken off the drug. He improved re disorientation and was also able to think clearly but the damage was done He now has Parkinson's. PD may have emerged in time but I believe that Lipitor accelerated or possibly triggered PD. Surely it is wrong to prescribe drugs to healthy patients without assessing them for possible adverse reactions

807

[Back to signature list](#)

My Dr prescribed Simvastatin 5 years ago when I was fit and happy, to prevent a 'sometime' heart attack in the future. For the past 2 years I have suffered with painful polymyalgia. I stopped the statins 2 months ago, feel a bit better but not as good as I used to be

805

[Back to signature list](#)

Lipitor has put me into a wheelchair for the rest of my life, I'm 46 at the time that it shut down "BOTH KIDNEYS" and I haven't been able to have shoes on my feet, put socks, pants, and so on with out a pain scale of 10 plus. There is thousands of people that this drug is either killing or the people end up wanting to die from what hell it's put them in, and the Drs. NOW turn their heads and say NOTHING!!!

804

[Back to signature list](#)

I began taking Lovastatin in Jan. 2007. After a few months, my thigh muscles became sore and weak. I stopped taking it after nine months. Now, March 2009, I am still hobbling and barely can walk. My quality of life has been reduced 50%. Can no longer do my exercise and walking. A neurologist treated me for protruding discs. That nor physical therapy did me any good. There never has been pain associated with my back. Only my thighs. Every step is painful and unsteady.

803

[Back to signature list](#)

Hello!

My name is Susan M. Moles. A few years ago, I was put on Lipitor to bring down my cholesterol from 272. Within a few weeks I began to experience significant muscle aching in my thighs, so I quit taking it. I decided to start taking Red Yeast Rice since, many years earlier, I had read that it was "all natural" and had no side effects. For many years I did data-entry as my primary line of work, so when I began having muscle weakness and severe aching in my arms and fingers, I just tho

802

[Back to signature list](#)

on it for only 3 days, ringing in ears, very very tired, rls legs and mild sore throat. I'm stopping it today!

800

[Back to signature list](#)

My husband has had serious side effect from these statin drugs and was completely ignored by his primary care dr and we had to change dr to get something done what a shame

**799**

[Back to signature list](#)

My husband, a commercial airline pilot, began taking the drug Lipitor, 1998, and within 9 months was misdiagnose with alzheimers and treated for it till Nov 2003, when we realized it was the Lipitor the Dr had him on. He went off Lipitor, improved, but Dr. Golomb said he had been on the drug too long. He is at the end stage of dementia. Is there any group I can join or lawsuit that would bring awarness so this won't happen to others. I have wittnessed so many others experiencing early symptoms.

**798**

[Back to signature list](#)

I only took a low dose statin for 28 days and that was more than enough time to feel some unpleasant side effects.

**795**

[Back to signature list](#)

My husband has dementia and he has a lot of the symptoms that have been described .I have also spoken to other people whos relatives have dementia and out of the seven people I have asked all have been on Statins. Is this the real cause in the explosion of Dementia in the UK.

**794**

[Back to signature list](#)

Female, yob 1937 began statin 1997, different kinds. 2001 started Lipitor, don't remember dosage-probably medium. Spring 2002 annual exam found impaired kidney function. Fatigue months prior & extreme muscle pain, weak R bicep. I had not associated pain with Lipitor. Pain immediately gone upon stopping med. All systems checked, MRI for cause kidney disease-found no cause. No meat diet 6 months function improved. 2008 exam kidneys normal. Nephrologst did not disagree caused by Lipitor

**793**

[Back to signature list](#)

please look into the effect to cancer and patient with high risk of having cancer..its too common that uncontrolled diabetes(which lead to high cholestrol) coexist .

**792**

[Back to signature list](#)

Five months after a stroke, my 88-year old mother-in-law was put on Lipitor. Within about two weeks her condition started to deteriorate in several ways. By the time a month had passed, we were frantic but the physician shrugged off the problems. After we did research on all her meds, we asked that she be taken off the statin. Seven months later she has recovered to some degree but has not regained the level of health she had previously. It's heart-breaking.

**791**

[Back to signature list](#)

I have been watching my mother-in-law fall apart as a direct result of her use of lipitor. My children also watch her fade from their lives. This will be a less my children will NEVER forget. They will grow up and take responsibility for their own health...not give the responsibility to others. There is a new generation coming...and they will be mighty.

**790**

[Back to signature list](#)

Having studied in depth, available literature on the subject, I am convinced that we the medical fraternity have been deceived on the cholesterol story. I am very suspicious that statin therapy is responsible for the onset of Alzheimers disease in my uncle, and given that he had no established heart disease initially, gives me a sense of great sorrow.

Female,58

3 1/2 years on statins, dose doubled to 40mg last summer. 2 weeks later my left foot started to "slip" and I was taken to hospital with a suspected stroke. 3 scans showed no evidence but I continued to deteriorate. Walking very difficult, extreme exhaustion. 3 weeks ago I stopped statins and already there is some improvement but it may take many months to walk properly again if ever. My cholesterol level was only 6 initially . my health has been compromised by tablets I didn't need

788

[Back to signature list](#)

My mum started statins 7 months ago, stopped working 6 months ago due to ill health. 3 weeks ago tried to take her life and is now in a psychiatric hospital!!! How doctors do not know about these crazy side effects is beyond me!!!

784

[Back to signature list](#)

Statins increase muscle damage thereby decreasing exercise.

783

[Back to signature list](#)

Although I have not, yet, been prescribed with statins I have spoken with many who have, together with accounts of the contra effects that this drug has upon the patient. In the past the public have been subjected to a variety of drugs and pills, treating the symptoms but without a cure. The UK government is proposing mass medication of statins - this a very irresponsible and dangerous strategy. This drug may be used in very specific cases but the evidence is mounting against its overall use.

782

[Back to signature list](#)

Lipitor side affects can be very serious for some people. After taking Lipitor for four and a half weeks; I could hardly walk, my body was so fatigued I layed down for four and 1/2 hours after shopping only two! I experience muscle pain and weakness.

When I called my kidney doctor, she told me to stop taking Liptior immediately; she requested I come in for blood test the next day.

I'm waiting to hear the results! Hopefully Lipitor hasn't damaged my liver or made my CKD worse!

781

[Back to signature list](#)

This if for my father, who at the age of 64 died. We believe his death is directly related to him taking Lipitor for seven years. While I am unsure of the dosage, he did take the drug from 2001-2008. He was previously diagnosed with benign Chorea, so we thought little of the muscle weakness, slurred speech, etc. It wasn't until obvious signs of rapid deterioration occured that we began to look for other answers. He would NOT have taken Lipitor if he would have known the serious side effects.

778

[Back to signature list](#)

I was given statins by my doctor and I experienced crippling side effects so on my own accord I decided to come off them after I did a bit of research. The first one was Atorvastatin (Lipitor 10mg), then Simvastatin (Zocor) and thirdly the one that was found to cause cancer (?). With each of these types I experienced bad side effects.

776

[Back to signature list](#)

My mother was on Lipitor 20mg for 4 years. She almost died 2 weeks ago. She has experienced muscle weakness which has her not breathing well at all due to weakness with diaphragm. She has been off of Lipitor for 2 days now..

**775**

[Back to signature list](#)

I developed ALS 6 weeks after starting to take Simvastatin. Need I say more.....

**773**

[Back to signature list](#)

Three months of 10mg of Pravastatin nearly destroyed my immune system and killed me. I was really sick, had allergic reactions to most foods and had a constant cold. I had to go on antibiotics to clear up many of my internal problems but multiple skin problems still remain even after weeks of 1% topic hydrocortisone. Never again. I have now changed my diet to deal with cholesterol.

**771**

[Back to signature list](#)

This paper sums up New Zealand nicely

<http://www.nzma.org.nz/journal/116-1170/360/>

**770**

[Back to signature list](#)

i refuse to take this drug and any drug being promoted on tv, my last total cholesterol was 180 and my dr. sent me out the door with a script for cholesterol meds which i tossed into the trash!!! my siter was on these meds for 2 years and developed a neurological disease called progressive supranuclear palsy!! BIGG PHARMA MUST BE STOPPED NOW!!!

**769**

[Back to signature list](#)

statins make me clinically depressed, which doctors do not take serious!!

**765**

[Back to signature list](#)

I took Lipitor and Crestor because my doctor advised me to take them to lower my cholesterol which I have since learned was not that high. I took Crestor for approximately 5 yrs. and suffered permanent nerve damage diagnosed by a Neurologist as idiopathic peripheral neuropathy. I also suffered from and to some degree still suffer from intense leg, knee and hip pain. Another side effect which seems less intense was acid reflux, skin rashes, impotence, memory loss and depression.

**764**

[Back to signature list](#)

As a physician, I have seen that the grey zone of possible statin side effects is very considerable

**757**

[Back to signature list](#)

après avoir consommé des statines ( Zocor, Tahor, Crestor ), suite à une angioplastie coronaire à 57 ans, je suis devenu tellement malade et épuisé que je ne pouvais plus du tout faire du sport ni monter les escaliers (je suis tennisman)

après avoir lu le livre du dr Michel de Lorgeril sur le sujet, j 'ai tout arrêté. Qu 'est-ce qui peut être pire que de continuer ainsi me suis-je dit ?

je préfère mourir plus tôt que de devenir, dès à présent, un infirme



Paul Matarasso

**756** [Back to signature list](#)

500

**755** [Back to signature list](#)

500

**754** [Back to signature list](#)

my father is victim of lipitor and ezetrol and he is suffering now from these problem(slow movement ,hair loss,indigestion,tremor in his leg which is subside after quitting lipitor and ezetrol,muscle weakness,depression,disturbed sleep pattern raise blood pressure,muscle stiffness,and overall muscle pain,and alot more which is he quit the medicatin but his movement not improved .

**752** [Back to signature list](#)

Please make doctors realize statins are not the best medicine!

**751** [Back to signature list](#)

Lipitor has caused severe fatigue, hair loss, gastrointestinal problems, and I just feel so very unwell on it. Patients are not informed at all about its effects or side effects and consequences of taking statins.

**750** [Back to signature list](#)

I particularly support the concept that ALL drug testing and trials should be carried out by impartial labs and teams free from all conflict of interest and influence from the pharmaceutical companies themselves. This should not however preclude those companies from funding such activities, perhaps through some levy on their profits or via them paying for the trials according to some fee-based structure. Teams or labs testing a drug should NOT know which company's product they are testing.

**749** [Back to signature list](#)

I was first prescribed 30mg/day Lipitor when I felt chest pain during an extremely stressful (both emotionally and physically) 30-day period in 2003. I am a 69 yr old male and have exercised moderately all my life. Started exercising vigorously, cut all animal fats, ate lots of soy, lost weight and vitality, stopped the medication, took vitamin supplements. Seven years later was prescribed 80 mg Lipitor after 30mg Pravastatin. Had muscle pains, global transient amnesia. Stopped all. Now fine.

**745** [Back to signature list](#)

I took simvastatin (zocor) for 3.5 years. I stopped taking it 3 months ago and i still have very weak and painfull legs and arms along with a terrible inflammation type symptom.. I am taking cq10, L-carnitine and now started taking celebex to combat the inflammation. It too for visits for my doctor to mention that it could be the statins. I live in australia and welcome any other sufferers to contact for support and or shared knowledge. bradankor@hotmail.com

**743** [Back to signature list](#)

I was prescribed Simvastatin 40mg in Jan 2004 as my new GP deemed I was at risk of future heart problems(I had none). After 1 to 2 weeks I started to experience multiple muscle cramps in both legs,abdomen & back when walking &

also at night it frequently caused me to wake. I also found it very difficult to settle (restless leg syndrome). I took the Simvastatin for about 6 weeks but discontinued them myself. GP offered a lower dose. No thanks!

Symptoms subsided after a couple of weeks.

**742**

[Back to signature list](#)

Research and Publish Please -- Find what is true!

**739**

[Back to signature list](#)

unwittingly i have been on statins now for the past 20 years, and i have noticed degeneration in my muscles. my short term memory is going fast

**736**

[Back to signature list](#)

I have been prescribed Statins for many years, but recently have refused to take them any more, because of severe muscle and joint pain. I would be interested in finding out any facts. My Cholesterol has never been very high, but at its high point +/- 5.0 and even preceding Coronary Artery Bypass surgery it was down at around 4.2, but went much lower to 2.7.

Regards  
Bill Pilgrim

**735**

[Back to signature list](#)

I am a therapist and I have treated many clients for problems associated with the Statin Drug Lipitor.

I have witnessed, joint pain, muscle wasting, depression and heart "fluttering". I had one lady of 70+ with a total cholesterol reading of just 2 and she was put on Ritalin?

This is bad stuff and it contains fluoride - why?

**734**

[Back to signature list](#)

i have been taking 5 mgs. of Lipitor for at least 5 years. In May of 2008, I began experiencing neck, head, and left arm tremors just as I would begin to fall asleep. I experienced insomnia, frequent urination, a strange gait, labored breathing when walking or even preparing a meal. memory problems - could not spell words as I had always been used to and very good at. Problems with recognizing everyday objects. Dry eyes. unsteadiness. Had to have shower bars & a shower seat installed.

**733**

[Back to signature list](#)

Most doctors are pushing a drug that has not decreased cardiovascular events and has increased side effects. Let's stop this sheep mentality and discuss the issue of cholesterol in an open-minded way.

**732**

[Back to signature list](#)

Both my husband, who is an attorney, and my mother experienced severe cognition and memory difficulties while on Crestor and Lipitor respectively. In my mother's case, we were considering nursing home placement when we decided to try taking her off Lipitor first. Fortunately, she had a full recovery and was able to remain in her assisted living apartment. My husband's symptoms also fully subsided after discontinuing Crestor.

Thank you for the opportunity to comment on this very serious issue

731

[Back to signature list](#)

Cholesterol is a Myth and Statins is a fake.  
It is just about the Pharmaci industies needs for money!  
All over fifty is planed to stay at this statins?

What a big business!

730

[Back to signature list](#)

Too many people are dying because of the chemicals in medicine and treatments.

729

[Back to signature list](#)

Prescription drug use and Pharmaceutical companies are out of control and causing much misery and even death to our population that is over medicated.

728

[Back to signature list](#)

survived rhabdomyolisis w/cpk of 14,000 only to end up w/myopathy.periphael neuropathy,and RA. life is not much fun w/very limited movement and continuous medical and supplement bills coming unmercilessly.extensive nerve damage by a product claiming only occassional muscle damage!

727

[Back to signature list](#)

We should try to find out actual reasons of heart disease, effect of cholesterol, blood pressure, diabetes and other reasons.

Stop pushing statins as wonder drugs.

There should be independent study of the cholesterol levels effect on cardiovascular and overall health.

725

[Back to signature list](#)

We feel my husband's diagnosis of Parkinson's disease is directly attributable to his prior 4 yrs of Lipitor therapy. ALso feel 3 of my relatives (all by marriage) with diagnoses of Parkinson, MSA, and Parkinsonism have developed neurodegenerative diseases dut to Lipitor therapy. Phase 4 studies should be mandated for all drugs used. Studies NOT associated with the pharmaceutical industry, though financed by them, should be mandated.

721

[Back to signature list](#)

I was on Lipitor for 9 years. I could hardly walk. The pain in my legs was almost unbareable. My lower back and shoulders hurt very much. I could not sleep for the pain. I could not do normal things around the house without pain. I was diagnosed with fibromyalgia but asked to go off of Lipitor for 4 weeks to see if the pain was lessened. It has been 4 weeks and I honestly have no pain in my body. It is unbelievable. I had given up hope of living a normal pain free life.

719

[Back to signature list](#)

I WAS FIRST PUT ON LIPATOR. I TOOK IT FOR ABOUT 2 YEARS AND DEVELOPED FUZZY THINKING AND THEN SEVERE PAIN IN MY LEFT SHOULDER AND LEFT LEG. I STOPPED TAKING IT AND THE PAIN SLOWLY WENT AWAY OVER A NUMBER OF MONTHS.

I WAS THEN TALKED INTO GOING ON CRESTOR "AS IT DOESN'T HAVE THOSE EFFECTS". NOT TRUE.

I DEVELOPED TERRIBLE PAIN IN MY LOWER BACK AND HIP AREA. I COULD NOT WALK VERY FAR WITHOUT HAVING TO STOP.

I AM OFF STATINS COMPLETELY FOR TWO

YEARS BUT I STILL HAVE BACK PAIN.

**718**

[Back to signature list](#)

I was a member of the "CARE" study by Bristol-Myers-Squid. for 5 years in 1991, since then I take Provachol

**717**

[Back to signature list](#)

I suffered terrible leg pain, elevated liver enzymes, low kidney function and elevated CK when taking a statin drug and my Dr. is still trying to get me to take it.

**716**

[Back to signature list](#)

I took Zocor for about 2-1/2 years. Prior to that time, I rarely had any health issues of any kind. Then I experienced a pinched nerve. I discovered Zocor may cause a demyelination of the nerve roots. I also have chronic stiff neck muscles and headaches that are external, in the scalp. My memory has suffered. Common words are hard to recall when needed.

**714**

[Back to signature list](#)

I am on low carb high saturated fat diet for 4 years and it is proven to me that eating this way is the perfect healthy diet

**713**

[Back to signature list](#)

I have been on statins numerous times. Each time after about 2 to 3 months the side effects start. I go to my physician and he states these are not from the statins. I get off the drug and the effects go away and this has happened with each of the different ones Zocor, Crestor, Lipitor etc. The side effects are sore muscles, back ,cramps, sore tendons, numbness and tingling in extremities, flashing spots lights in my eyes at night, constantly something, all stop when drugs are stopped.

**712**

[Back to signature list](#)

I am a 52 year old female type 2 diabetic. I am on insulin and ramipril. About 5 years ago I was prescribed Simvastatin 10mg. No problem. It was increased 4 years ago to 20mg. Started to have aches in thumbs and shoulders. Increased (without any consultation) to 40mg. HUGE problems that crept up on me gradually. Depression and crying jags for no reason. Couldnt hold arms above head, put tights on, lie on my stomach and stretch, lift anything heavy, walk any distance, turn my head round. AWFUL.

**709**

[Back to signature list](#)

As a clinical dietitian, I see the abuse of statins with my patients. Patients are maintained on these drugs with cholesterol levels as low as 50-80. Physicians do not understand the damage they create by continuing to believe "the lower the levels the better". I welcome any suggestions to educate/convince these MD's.

**708**

[Back to signature list](#)

I have had major side effects from Lipitor and believe it is terribly dangerous.

**706**

[Back to signature list](#)

why?

705

[Back to signature list](#)

I took lipitor for 4 months. I developed a burning sensation in my legs, and foot pain. I also became very forgetful. One morning I could not remember how to put my belt in my pants. This continued until I quit taking lipitor. I think it is to dangerous to take. I am 59 years old.

704

[Back to signature list](#)

I lost two people in my life to the myths of cholesterol lowering drugs - We were told tests were "normal". The question begs; if one is normal why do the normal feel so un-well? The exact quote my father made was: "If everything is normal, then why do I feel so lousy?"

700

[Back to signature list](#)

I have too many patients suffering from statin side effects.

699

[Back to signature list](#)

As 56yr old female who has never smoked, eat healthily and walk at least 15 miles weekly,had stroke January 2008,spent week in hospital,put on Simvador 40mg.Luckily little damage from actual stroke but couldn't understand why health worsened for 4 months after rather than recovering.Limbs weakened;muscle heaviness + pain in legs worsened;memory dreadful;felt zombieish;was dizzy and weird;daren't drive as no concentration.After walking was in agony;exhausted all time.Stopped statin, take chances!

697

[Back to signature list](#)

I support the petition.

696

[Back to signature list](#)

Stop that drug it gives more deseases than benefits

693

[Back to signature list](#)

I have been prescribed to statins to control my cholesterol. After seeing side effects of this drug, I thing that this drug should be researched more.

692

[Back to signature list](#)

On December 5th of '07 I lost my father to the effects of ALS. The Neurologist said "something" had triggered the onset of this usually rare and deadly disease. When I mentioned that he was on Provachol and Niacin-- and his cholesterol was below 70 he became strangely quiet. I also learned that my fathers GP was forced to retire due to the onset of MS and he had been on the same regimen. Am I wrong to suspect that there may be a connection between Statins and deadly side effects?

691

[Back to signature list](#)

loss of muscle control and mass.

689

[Back to signature list](#)

I am a 67 year old female and was on Lipitor for approximately 5 years. In Dec. 2003 my physician doubled my dosage to 80 milligrams. Six weeks later was experiencing severe leg pain and weakness. Also had painful bladder infections

and diverticulitis attacks. Stopped drug in April '04 after reading article by Uffe Ravenskoff . Experienced relief almost immediately. It is now Dec.'08. Still have some residual leg pain, but not one other health problem. Will never take statins again

**687**

[Back to signature list](#)

My husband, a bright, fit man in his 70's, was told he 'needed' a statin. Lipitor (Atorvastatin) 40mg was almost forcibly prescribed with no discussion of serious side effects. Rapid onset of memory problems ensued within several weeks, escalating within few months to a now total short-term memory loss which circumscribes our daily life. My husband's memory, capabilities, and the quality of our life together has diminished immeasurably. GP disregarded damaging effects. Nor has she reported them

**685**

[Back to signature list](#)

I was given Statins as part of the treatment for a cardiovascular problem, and went from fit and healthy to not being able to climb a single flight of stairs without wheezing after taking them. Stopped taking them and went back to normal. Another consultant told me that my problem was just one of posture - too many hours at the keyboard.

**683**

[Back to signature list](#)

After just 2 1/2 years on a statin I had elevated cpk tests. My muscles hurt all the time. I stopped taking Vytorin on 11-2-08 and am waiting to see whether my cpk tests are lower and hoping for pain relief and healing of damaged muscles.

**682**

[Back to signature list](#)

I would love for someone to explain how I made it to my age with super high cholesterol for many years. Nobody will even comment on the facts of my case.

**679**

[Back to signature list](#)

I knew of this information but the Dr.'s insist we need to take this poison to lower our cholesterol to be healthy. I have given my cardiologists numerous articles telling of the dangers of these drugs. I have had side effects with every one I have tried. To the point of not being able to get up the stairs!

**677**

[Back to signature list](#)

Have tried all of them (the docs just won't give up) and had all of the side effects especially with the last statin, found after a month I could barely walk without stopping for breath, developed acid reflux, muscle cramps and pain, etc. I've stopped them and am now using a natural diet and supplements and oils. Those statins were poisoning my body.

**676**

[Back to signature list](#)

I was on lipitor (80mg) for four months. When my liver values were checked after that time, it was discovered they were very elevated. Also I had muscle weakness that I am still struggling with a year later. My liver values are still not normal. I just had a liver biopsy last week--we'll see what the results are. I wish I would never have taken this poison. Now I am still dealing with the side effects!

**672**

[Back to signature list](#)

I had memory problems (at 38 yrs old) from taking Simvastatin/other statin medications. Dr.'s often quickly prescribe statin medications as a quick fix. I think more needs to be revealed about the effects these medications may cause.

671

[Back to signature list](#)

Diet & exercise are, in the end, the only solution and I think we all know this but do not want to accept it (myself included) as it means we have to get up off our bums & start moving !!!!!

669

[Back to signature list](#)

My CHOLEASRRROL IS DOWN AFTER O TOOK RAZEL 5MG.but side effects continue. slide headache

now what to do...I am worried as I can't be for lifetime on drugs....as there has to be a way out to protect vital organs.

668

[Back to signature list](#)

Been on Simvastatin 40mg since end of Sept 2008 - prescribed by my GP following suspected stroke that was not a stroke as it turns out (CT scan showed no evidence). My cholesterol was 10.8 and combined with extremely high blood pressure and a history of heart attack in the family I followed GP's advice. A couple of days after starting the tablets I experienced bad pains in my neck and shoulder - it makes work difficult and driving uncomfortable too. Going to demand that I am given an alternative

666

[Back to signature list](#)

Unless you go to an alternative doctor be prepared to be ignored if you bring up the cholesterol/statin contrarian view. The protocols are very rigid for the main stream professionals and they fear to disagree...

665

[Back to signature list](#)

IN THE PAST 3 YEARS I HAVE BEEN ON LIPITOR.

I HAVE HAD DIARREAH FOR 8 WEEKS, UPPER RESPIRATORY INFECTIONS , PHNUMONIA, ASTHMA, 2 MINI STROKES, KIDNEYS STONES , URINE COKE COLOUR, A FLUID BLOCKAGE TO KIDNEYS , STENT PUT IN THEN 1 MONTH LATER STONES REMOVED LUCKY I DID NOT HAVE RENAL FAILURE, THEN A BLOOD CLOT WAS FOUND IN CALF OF LEG, 2 MONTHS NEEDLES IN TUMMY AND WARFARIN, THEN MORE HOARSE VOICE, UPPER RESPIRATORY 2 MONTHS ANTIBIOTICS BRAIN FOG INSOMNIA, COLLAPSING , NO MUSCLE CONTROL LEFT WORK

664

[Back to signature list](#)

My PCP tried virtually every statin on me, they all attacked my joints in particular. Shoulders, foremost, knees secondarily.  
I've quit taking them all.

662

[Back to signature list](#)

I took Lipitor for two years My muscles started wasting away and I could hardly have the strength in my legs to walk. It is now two years since taking any statin and I am building my musc les strength up by swimming. My Doctor says I must be allergic to it???

660

[Back to signature list](#)

i stopped rosuvastatin 20mgs 7 months ago (i had previously been on simvastatin /atorvastatin -family history of raised choleresterol but low cardiac risk . i developed (after 12 months on rosuvastatin severe myopathy and peripheral neuralgia -i have seen my gp on several occasions and have been prescribed amitryptiline for the nueritis . this is a nightmare - i have had classic side effects -neck /shoulder pain ,hip pain and severe knee pain -i feel i am fighting a losing battle .

659

[Back to signature list](#)

I was taking a low dose Lipitor that was doubled by the M.D. Within 2 weeks of taking the increased amount, I experienced bilateral "frozen" shoulders. I immediately stopped the Lipitor. I could not put my hair in a ponytail, as I could not raise my arms up or rotate them. I could not reach into my back pockets, or shave under my arms. It has been almost two years now, and I have worked hard to regain movement, but I still lack the range I once had.

657

[Back to signature list](#)

This current adherence to "the lipid hypothesis" is the biggest fraud in the health of the United States, and now the world.

656

[Back to signature list](#)

Get rid of STATIN drugs. They are dangerous to a person health.

655

[Back to signature list](#)

As a nutritional therapist I just can't understand why statins are allowed. Is there any serious, unbiased evidence in favour of them? Vitamins and minerals are a far more natural approach, but unfortunately there is no money to be made in patenting them so they are always overlooked. I have personally had good results with them.

654

[Back to signature list](#)

Have taken Simvastatin for several years.

Side effects: Insomnia and muscle pain in legs,

652

[Back to signature list](#)

I am concerned about the co-enzyme Q10 lowering effects of statin drugs. This was recognised in a Merk patent but apparently never acted on.

650

[Back to signature list](#)

Zocor made it so my husband could hardly do anything due to muscle pain - 5 weeks off and marked improvement noted.

649

[Back to signature list](#)

After taking 20 mg of Lipitor for several weeks, I experienced severe constipation even though I consumed plenty of fiber. Also, I believe the drug interacted with the SSRI I was taking for depression. I almost passed out while driving on the freeway to work. My depth perception and reaction time were severely impaired. After the second episode of almost passing out, I stopped taking Lipitor. It took about a month for my driving skills to return to normal.

647

[Back to signature list](#)

Male, Ph. D. At 65, Lipitor for 7 months: side effects: dry skin, brittle nails, joint pain in fingers and knees, flatulence, mental confusion, irritability, nerve tingling in arm. Took a year off drug to eliminate all side effects. Now 70 and opposed to statin use as other friends have had similar problems.

645

[Back to signature list](#)

I took statins for 3 years and they ruined my life. I was so sore I could hardly walk up the stairs, I was tired and



depressed and had a very seriously depleted immune system. Obviously I still have high cholesterol and feel great with it. I don't have it tested anymore as I don't wish to hear any further preaching about the fact that I should be absorbing poison on a daily basis. Statins are the devil's work. Fibrates are worse still. Even Red yeast rice falls into the same category in my book.

**642**

[Back to signature list](#)

I know personally many long-term statin users, and they all suffer from serious health problems caused by the medication.

**640**

[Back to signature list](#)

My 80 year old father, previously very fit, was prescribed statins 18 months ago. He suddenly developed foot-drop, leg weakness and loss of balance. Despite stopping the statins, he continued to deteriorate and now he cannot even walk across the room unaided. His condition is pitiful to see. We are convinced his neuropathy is a result of his being given statins. The doctors refuse to admit any possibility that there is a link. It is time to warn people about these drugs.

**638**

[Back to signature list](#)

Statins are not the answer, let us educate people to eat and live a healthier life without the quick fix of drugs

**637**

[Back to signature list](#)

Too many problems while taking them.

**634**

[Back to signature list](#)

Within a few weeks of being prescribed a daily dose of 20mg. Lipitor I felt disorientated, had fogginess of thinking and confusion. Soon afterwards my gait changed and I have since been diagnosed with Parkinson's disease.

**631**

[Back to signature list](#)

My wife has been on pravastatin for eight months suffered with pain in all her muscles She tried to show her Doctor a computer list that showed Pravastatin might be the cause. He refused to look at it and stated,"I didn't get my medical degree on a computer. Last week she was diagnosed with Lymphoma on her left lung. I'm sure pravastatin caused her cancer. She's 75 years of age. If you have any information on lymphoma and this drug I would appreciate it.

**630**

[Back to signature list](#)

One night while drying dishes, I couldn't remember where the plates were kept. I had been on a statin for about 10 years. Having heard that cognitive impairment can be a side effect of these drugs, I discontinued the drug. I have been off it for 4 months and no longer have problems with my memory. I also fell into a deep depression in 2006, from which I have only recently emerged, thanks to sertraline and a psychiatrist. Now I hear that statins deplete serotonin! These drugs are bad news!

**629**

[Back to signature list](#)

My grandmother was on 40 mg of Lipitor daily. Her short term memory gone for 2 yrs. Recently I took her off and presto she is herself. I don't think people realize with memory loss comes malnutrition, dehydration, infection and death. Why are we treating the wisest generation with a plethora of historical knowlegde and who want to have a legacy as if they are worthless until their wills are read? Younger Americans should be ashamed of themselves but they aren't. What is happening???

**628**

[Back to signature list](#)

I took 3 pills of Lovastatin. It took 18 months to get the drug out of my body. I ended up in the ER, twice and was told I was anxious & they gave me a pill for anixety. I did not take it. According to the BS guide lines on the cholesterol charts I have high cholesterol & Dr's. continue to tell me I MUST take a statin to get it down. I will not. I exercise & eat healthy that's enough!!!

**622**

[Back to signature list](#)

My mother had a violent reaction to Simvastatin that sent her into a 3 year long medication hell for the actual heart problems caused by the drug. This caused a remarkable reduction in her quality of life until she died recently. The statin drug poisoning and further complications from cancer chemo therapy proved more than this lovely old lady could handle. Actual cause of death while on Marewan was brain hemorrhaging.

**621**

[Back to signature list](#)

Not sure how valid my comment will be, since I did some research first and refuse to take the simvastatin 40mg. My Chol. elevated for some reason(?) 232tot. LDL157 HDL57 (good) Triglicerides dropped to 91, Glucose 87. Doppler test on the carotids, note from Dr. "some build up" along with 40mg. prescript. Fortunately, received my cardio report "no significant abnormalities, mild cholesterol plaque, no blockages seen" Annoyed that I would have been prescribed 40mg! Frightening

**620**

[Back to signature list](#)

Hurting people for profit is criminal. No one should get away with it. People deserve to know the truth. Suggesting that children take statins is worse than criminal. It's twisted and disgusting. The time is now to end the misuse of this essentially useless and damaging drug.

**618**

[Back to signature list](#)

Whole adult life, cholesterol 220-260, like my mother's, a dietitian & extremely health conscious. Took Zocor 20mg. In third month, got unbearable itchy rash on legs, arms, torso. Stopped Zocor but my cholesterol level had dropped to 220 from 250. I tried again with Pravachol 10mg (equals Zocor 5mg). After 1 month, developed mild leg cramps upon arising in the morning. After one of my fingers seized up 2 days in a row, I stopped Pravachol. I don't intend to go back on any statin.

**613**

[Back to signature list](#)

I took the Statin drug for 6 months. I had a minor muscle ache during the time but nothing unbearable. Then I realized that I had considerably low Libido. I consulted the doctor and was told to stop the medication for six months and recheck. I will never be prescribed statins again. All depends on my tests 6 months from now.

**612**

[Back to signature list](#)

On the 29th day of taking Lztqaipotor I had global memory loss. I could not remember I had 5 children. I stopped taking Lipitor and 2 days later my memory returned.

610

[Back to signature list](#)

I was on simvastaten for approximately 40 days. In that period of time my feet and hands started to feel numb or swollen, my knees grew weak and my back started to hurt. I seemed to age 5 years. I was taking no other drugs during this time.

609

[Back to signature list](#)

WF 56, on statins 2 yrs 8 months.

Zocor 20 mg 1 year 8 mos. Vytorin ( zettia PLus statin )10/40 mg for 1 year. Red hard bumps on scalp, ears, face. Muscle/joint pain, cramps hands/feet. Symptoms progressed to spastic uncontrollable leg movements/ extreme fatigue to walk across room. I went off zocor 5 mos, all sympt. abated. Dr ANGRY said statins do not have side effects, put me on Vytorin..within 4 weeks the symptoms were returning. I refuse to take this dangerous drug. Started Welcol

607

[Back to signature list](#)

Male, 53. Triple bypass at age 50. Crestor, 10 mg taken for 3 years. Extreme muscle pain, but liver function stayed in normal range. Very active before and after bypass. Significant mental confusion and memory problems caused cessation about 6 weeks ago. Cholesterol levels went way up, but I feel way better. Scale of 1 to 100 I went from 30 to 70. Total=272 from 171, trigl 148 from 58, HDL 53 from 54 and LDL 189 from 105

605

[Back to signature list](#)

I just started taking a statin and in doing my usual due diligence after being prescribed a drug, I am thoroughly bewildered by the conflicting reports and evidence as to the efficacy and safety of the drugs. The reports of serious side effects are terrifying. Someone impartial with sufficient resources not to be beholden to drug companies needs to investigate this NOW.

603

[Back to signature list](#)

I developed severe episodic abdominal pain within 6 months of prescription of Lipitor 10mg daily; a gastroenterologist diagnosed ischemic colitis. The pain episodes increased to daily occurrences and intensity. A surgeon's evaluation reversed the diagnosis but was at a loss to explain the chronic pain. I have stopped the Lipitor on my own after reading numerous reports linking severe abdominal pain to Lipitor consumption.

602

[Back to signature list](#)

Four years ago after blood tests revealed that my LDL was too high I was prescribed ZOCOR. During the second week I started to have very sore toes, could not lift my arms above my head and could not turn over in bed. I stopped the statin immediately.

Two weeks ago during my annual checkup my LDL was again too high and my HDL was excellent. I was prescribed LIPITOR this time and I have been on it for two weeks and have been suffering from major depression despite the fact that I am on EFFEXOR.

601

[Back to signature list](#)

I suffered from achng feet and shins and my arms would spasm and 'lock' during the night, excruciatingly painful side effects which were not taken seriously. I stopped taking statins a year ago and feel 100% better.

594

[Back to signature list](#)

Statins made my life a misery, muscle pain,tingly hands,confusion and depression, once I stopped statins my life came

back to normal.

**593**

[Back to signature list](#)

I am f age 59 suffering from extreme hyperlipidema. In 2005 an artery in my heart was stented and I was placed on Crestor, Tricor, Plavex & aspirin. Within a short period of time my mind became sluggish and clouded, my energy levels drastically declined & I developed pain in my upper right abdominal area. Oct 2007 I took myself off of these drugs, opting for healthier options. Within weeks my mind cleared, my energy levels returned & abdominal pain stopped. I feel better now than I did yrs ago.

**590**

[Back to signature list](#)

Treated with Simvastatin 40 mg daily I developed muscular pains in my legs making it impossible to walk more than 2-300 meters without rest. Pain disappeared in 3-4 days after giving up treatment. I was also feeling depressed during the treatment with Simvastatin

**589**

[Back to signature list](#)

I am watching my mother, age 83, slowly deteriorate through increasing fatigue, weakness, and muscle wasting. (The only other health issue she has is hyperthyroidism, well controlled with medication). I believe all this is due to the statin drugs she is taking. Her total cholesterol is approximately 160. Although she feels the statin may be responsible for her current physical condition, she refuses to stop the drug, as she is "old school" and thinks the doctors are at the right hand of God.

**586**

[Back to signature list](#)

I stopped taking this dangerous drug, Lipitor, 7 mos. ago and I still have many side effects. I have sent a formal report to the FDA to ban this poison. If everyone will sign this petition and complain the FDA, hopefully, we can stop stains in the market.

**583**

[Back to signature list](#)

My mother was recently hospitalized for 5 days with Rhabdomyolysis, which the doctors attributed to her statin use. That is not acceptable!

**582**

[Back to signature list](#)

I was taking Atorvastatin as my Cholesterol level was slightly elevated. After a period of time I was changed on to Simvastatin and within a short period I had intense shouder and back pain and could hardly walk so I was put back on Atorvastatin and saw some improvement exept that I had numbness in some toes and fingers. I reduced my dosage to every 3-4 days and took a bowl of Oatmeal every day which brought my Cholesterol level down to 3.6. I am now off of Statins completely.

**578**

[Back to signature list](#)

I have muscle pain, weakness, and chronic lower back pain. Started statin drug, Simvastatin, on 11/21/07.

**577**

[Back to signature list](#)

Statins are dangerous and their use for "shotgun therapy" is disastrous. to quote Prof. Boyle (National Heart Director for England), "99% will NOT benefit from therapy" but will be exposed to their adverse reactions. Furthermore Prof.

Weissberg (Chairman and Research Director of the BHF) admitted that in the HPS trial, those who, in pre-trial studies, displayed adverse reactions to simvastatin were excluded from the study. Exclude and then comment??

**575**

[Back to signature list](#)

My life has been inalterably changed by a short term use of a low dose of Vytorin and I never even should have been on it as it turns out. We were all duped. Doctor 1 said muscle cramps were not related. Doctor 2 (internationally known clinic) agreed. What's wrong with this picture? Will I ever heal? Who knows? I think side effects are far more common than the drug companies report. I think there has been a terrible lack of oversight by the FDA. Read the Canadian report on women and statins.

**574**

[Back to signature list](#)

I took Lipitor for 33 months. When I started having problems with drop foot, I was sent to a neurologist who diagnosed me as having ALS. I stopped taking it in March of 2008 but my problems continue. I also suffer from memory problems. I only hope that with muscle therapy that I may live. Many others in my small county have problems with Lipitor - most not as serious as mine but 1 that I know of died of ALS. Her neurologist stated that Lipitor was directly related to her illness.

**567**

[Back to signature list](#)

I am a 57 year old male, prescribed Simvastatin 40mg since having two heart attacks in close proximity, last October. Had Open Heart surgery (quad by-pass) in April this year, but remained on the Simvastatin.

This drug has ruined my life - unable to walk any distance, excessive weight gain, breathing difficulties, insomnia etc etc. Consultant Cardiologist agreed to take me off statins yesterday as a trial .... watch this space !!

**566**

[Back to signature list](#)

Not enough information is available to people regarding the serious, sometimes permanent side effects of statin drugs.

**565**

[Back to signature list](#)

I was a user of Statin medications. That is until I suffered from severe side effects. Ones that my Doctor positively attributed to the use of Statin prescribed medicines. I am living proof that this medicine is NOT suitable and should be investigated further.

**562**

[Back to signature list](#)

Lipitor was prescribed shortly before & ever after I received a stent. I did alot of research after my recovery did not progress to feeling good, as the doctors asserted but they didn't seem to mind my staying weak. I took off 9lbs within days of starting CoQ10 & began feeling increasingly stronger within 2 weeks. Then after stopping the Lipitor (I used natural supplements that proved themselves in a cholesterol test), I completely recovered from the extreme fatigue/weakness that had plagued me.

**561**

[Back to signature list](#)

More people are making living of cholesterol than dying of it

**558**

[Back to signature list](#)

As a Naturopathic practitioner I am encountering staggering numbers of patients being prescribed a variety of medications including statins with, I believe no real justification. These drugs must be very strictly regulated to prevent

the reckless prescribing practices which I believe are occurring. I also believe that all "kickbacks" should be eliminated so that the vested interest of the prescribing physician is not placed in front of the interests of the patient.

**557**

[Back to signature list](#)

I believe statins have severe unacknowledged ( by medical community) side effects and this information must be given to all patients b/4 they commit to a therapy course.

**554**

[Back to signature list](#)

I was prescribed Zocor and used it for a period of two years. I now suffer daily from severe neurological pain & muscle wasting. My liver enzymes are unstable and through biopsy, I have been diagnosed with NASH (Non-Alcoholic Steato Hepatitis). I don't drink alcohol at all. I believe my symptoms and chronic pain syndrome are the result of using prescribed statin drugs.

**552**

[Back to signature list](#)

I took Lipitor 10mg for several years until I could hardly walk. I felt like a 95 yr old man and I was in my mid forties. After stopping it took nearly a year before I was almost back to normal, and in fact I don't feel like my legs ever returned to normal. We need to be told the truth about cholesterol, like how mortality rates go up in men after 50 when cholesterol lowers. How the longest living people in the world have the highest cholesterol and the many other heart/diet fallacies.

**551**

[Back to signature list](#)

I was prescribed 40mg of Simvastatin as a High Cholesterol 'Preventative' following an angina attack and Angiogram revealing a 'Slight' blockage medically treatable!! I had only been taken it for 6 months and gradually felt more and more unwell with chest cramps and shoulder / upper arm pains. My GP suggested a 2 week trial without taking it, after 1 I already felt much better with pains decreasing! Its 3 weeks now and feel almost normal again. Beware of 'STATINS' they can make you ill!!

**550**

[Back to signature list](#)

I had to stop taking statins, against the advice of four doctors, because of serious problems with short term memory loss and general cognitive impairment.

There has been an improvement since I stopped taking the medication but I fear that the residual damage may be permanent. Please, at the very least, explore the possibility that these particular side effects are much more widespread than is currently realised. I suspect that many people assume that their own memory loss is due to age.

**549**

[Back to signature list](#)

After being treated with 80mg. of lipitor for 4 months, my liver enzymes were elevated 10 to 12 times the normal amt. Also I had severe muscle weakness in all my muscles. I am a 57 yr. old female. I have been off of the statins for 7 months and my liver and muscles are still not back to normal. How can a drug like this still be on the market???

**548**

[Back to signature list](#)

I had a quad by pass after heart attack and was put on a statin, at the time my cholesterol level was normal, but this was the "cocktail of meds" that are given, i could not finish a sentence, muscle, joint pain, forgot where i was to go. shuffled like a old man, told the drs and they told me oh no it cannot be this drug. went off it and felt some what of a relief, not sure you will ever be normal again. i found out they should had me take COQ 10. will never take this stuff again.

**547**

[Back to signature list](#)

Statins are dangerous. They cause congestive heart failure, memory loss, nerve damage, muscle wasting, cancer, liver and kidney damage, etc. In order for one person to benefit from NOT dying of a heart attack, 100 people have to take the drug over 3 years. All 100 people are susceptible to the damaging side effects of statins. Statins do not benefit women or the elderly. For every person who was saved from not dying from a heart attack, statins kill the same amount with its side effects.

**546**

[Back to signature list](#)

Statins has caused my life to be completely changed. I developed severe muscle and nerve pain in my left leg. I lost 15 lbs. of muscle, my job, my insurance, and over all my love for life. I was physically active and happy before statins. I have improved some since stopping them, but feel I will never be as strong as I was before taking statins. I feel they hurt too many people to still be on the perscription market. They are posion...

**545**

[Back to signature list](#)

I took lipitor 20 mg for about 6 mos. and stopped because of awful side effects which included severe muscle pain, (LEGS AND HIPS), and was then put on simvastatin 20 mg. it wasn;t even 3 mos. later that I had even worse side-effects, including also weight gain, a kind of memory loss or "fuzziness" and lack of motivation bordering on depression. so I stopped taking it and feel much better now--have not gone back to the dr. yet, My mom and 2 sisters are also on statins. I am 53.

**544**

[Back to signature list](#)

Weeks into low dose Lescol, I was diagnosed w/fibromyalgia/chronic fatigue. Neither my doctor nor I knew it was due to Lescol. Years later another doc prescribed 80 mg. Lipitor. I reported severe & debilitating muscle weakness, pain, mental fog, lowered immunity; he refused to believe it was the meds. Brain fog kept me from stopping the poisons as I'd otherwise have done. Now I have psoriatic arthritis and other autoimmune disorders due to immunosuppressant effects of statins.

**543**

[Back to signature list](#)

After taking Lipitor for 1 1/2 yrs., I experienced excruciating, SOBBING pain in leg, toe, hips, back, neck and shoulders. Felt paralyzed. Internet led me to believe it might be lipitor. Went to Pain Management Doctor who prescribed Soma (muscle relaxant), oral steroid and Percoset. Relief almost instant. Cardiologist called and confirmed Lipitor the culprit. No more statins for me. And back to Yoga which I originally blamed for my aches and pains.... Thank you

**541**

[Back to signature list](#)

54 yr female - Simvastatin 20mgs/30 mths. Nightmres of dead babies/kittens catching fire,dementia diagnosed - unfounded, 4 large calcified brain cysts, severe muscle damage, jaundice, neuropathy in hands/feet/head/top lip, Arrythmia, TGA (Total Global Amnesia), word/number confusion, rhabdomyolosis, short/long term memory loss, hand tremors - Parkinson type syptoms, loss of libido, weight gain,bowel/bladder prolapse, rash, Sciatica and DVT type pains, shoulder pain, light sensitivity, etc,QOL 0

**540**

[Back to signature list](#)

After my mom died to a medical mistake, my healthy young dad went in for a physical and came out with statins. Within a few weeks i watched him stumble and fall, breaking ribs, bruising, spraining ankles, etc. After 2 years, but what seems to be 30 years later, my father can not function. he cant drive, he cant work out, he cant jog, or golf or anything. I lost my mom to the medical "professionals" and now I am losing my dad. Its too late as it seems permanant. HELP THE PATIENTS, not the stocks!

**538**

[Back to signature list](#)

I was on statins for 2 years and sleep pattern got worse and worse till I finally asked my doctor to take me off statins I am now beginning to get better nights sleep and my doctor is going to have my cholesterol checked after being off them for 1 month

**536**

[Back to signature list](#)

Doctors do not recognize the side effects

**533**

[Back to signature list](#)

The drug companies were proved wrong with thalidomide and HRT with fatal consequences and I firmly believe it is only a matter of time that Statins will be added to this sorry list of marketing triumphs.

**532**

[Back to signature list](#)

My experience having used statins for almost 3 years is there I experience a severe level of irritability and much higher levels of anxiety while carrying routine daily tasks at work and with family. My family have commented that the use of statins has changed my personality.

**530**

[Back to signature list](#)

Took Statins for 12 years, thought my muscle and nerve Problems were old age. As the side effects got worse I realised the statins were at fault. Stopped taking them in July 2004. 4years later I am still not fully recovered. 68 in August 08.

**529**

[Back to signature list](#)

My father is in the hospital because of chronic kidney failure which I believe is due to the drug Lipitor which he has been taking for quite some time. All the classic signs of extreme fatigue, muscle weakness, memory loss- my dad has. He needs to be on dialysis for the rest of his life. Something must be done to end the drug manufacturers from keeping statin drugs such as this on the market!!!!

**525**

[Back to signature list](#)

We need science, not myths designed for profit!

**524**

[Back to signature list](#)

Another disease mongering by the pharmaceutical industry...

**522**

[Back to signature list](#)

I have only been on Lipitor for 3 months, my quality of life has suffered, I have constant muscle aches, memory loss, depression, generally my get up and go has got up and gone and i want it back. I have thrown the Lipitor into the bin from today, why do they allow such medications to be sold?

**519**

[Back to signature list](#)

I had severe pain in my lower arms. After trying many treatments, it only began to subside when I stopped taking statins. It took three years to completely go away. I also had minor aches and pains that went away. I feel much better now, mentally and physically.

**518**

[Back to signature list](#)



My mum took statins, they gave her pains in her muscles and so stopped taking them as they made her feel very bad.

started taking other statins a couple or so years later to reduce her cholesterol. She soon developed a macular hole after taking them for five days. It may be linked to the statins, more research should be done.

**516**

[Back to signature list](#)

You would have to weigh out ANY benefits compared to the ills you can feel while on statins. I vote....NO. Plz N' Thnx, Bogie

**515**

[Back to signature list](#)

My husband was diagnosed with ALS last week. We are DEVASTATED. He was always an athletic active man, a Gaelic Football player, walker, nature lover. 2.6 years ago our G.P. put him on Lipitor because his first ever Cholesterol test at age 50 was at 5.8. and his dad died at 58 from heart attack. Since taking Lipitor my husband has Hugely Reduced Muscle action in his upper body and arms. the side effects of Lipitor include muscle degeneration. I Believe that the statin Lipitor is responsible.

**513**

[Back to signature list](#)

I fail to understand how a drug (statins) with an NNT rating of 100 at best to 250 or more could be hailed as a cure all life saving drug. It saddens me that big drug companies can buy FDA approval. These drugs are dangerous and are ruining people lives, and killing people. Please tell the people the truth. Quit letting big drug companies fear people into taking these bad drugs.

**511**

[Back to signature list](#)

My mother has been taking statin drugs up until recently for a period of approximately 9 years. During that time her health has spiralled into a situation where she requires high care nursing. She has suffered from early dementia (she is only 59 years of age) and memory loss, all directly timing with commencing these drugs. We feel as though she can never recover from this tragedy. The damage has been done and is irreversible, her life is now ruined because of statins.

**508**

[Back to signature list](#)

I took Crestor 5 mg for three months but could not bear it. My heart began to beat very quickly. I stopped and feel well again.

**506**

[Back to signature list](#)

My father-in-law developed bulbar-onset ALS shortly after beginning statin therapy. There are now thousands of diagnoses of ALS that may be connected to the use of statins. His condition is rapidly progressing after 3 years and his only best hope to slow the progression is with stem cell therapy. Naturally, Pfizer (and the USFDA & Bush admin) don't provide this treatment, or allow life saving research. Educate MDs about co-prescribing CoQ10. warn others before it happens to them!!

**505**

[Back to signature list](#)

have been on 6 different types of statin since having a stent fitted, side effects have been awful with memory loss, muscle pains, tingling in hands and feet and tongue, but the worst has been from Crestor - poor concentration, headaches and severe migraines that have lasted for 10 days. Despite now being off all statins, the headaches continue. Quality of life severely affected.

close friend aged 70 prescribed statins at routine check yet blood pressure been fine with BP medication for several yrs & cholesterol OK. Within days very tired & hair falling out in clumps

501

[Back to signature list](#)

prescribed Lipitor 18 months ago. Suffered aches and fatigue to legs/feet&arms/shldrs  
Headaches and dizzy spells,nausea within first few weeks.Told G.P.he told me to perservere and I would adjust. Got worse- he lowered the dose mg. Never mentioned the Q10 to compliment the statin drug. Finally changed over to Crestor brand.Walk with great difficulty. hard to get up from bed and sitting position. Stoppd taking them on my own 2 weeks ago.Hope I can get my energy back and feel as I did b4 LIPITOR

500

[Back to signature list](#)

I am 46 years and have elevated cholesterol that is hereditary. Both of my parents and my brother also have it.

I have been on and off Lipitor for the past 10 years.

I stopped taking Lipitor approximately 12 months ago because of muscle cramps in my calf muscles. On one occassion so painful that I could not walk for two days. It took one week to completely recover.

I also have suffered from memory loss, a doziness feeling and fatigue.

I am now on Crestor and it is having the same effect

498

[Back to signature list](#)

I am suffering the effect of simvastatin 17 months after doctors advice to withdraw from the treatment. I was crippled being unable to walk around my house. I had intense muscle pain, tendon pain, disorientation, nausea. The medication was issued without testing for compatability, handed out like smarties. The doctors said it would not affect tendons or smooth muscle, even after the occurrence. I suffer from their arrogance. I commented that Niacin would be a better option and doctor denied this

496

[Back to signature list](#)

Off statins 18 days and horrendous symptoms reducing daily. Still numbness in hands and feet, but not 24/7 anymore.Muscles still hurt, especially at night but improved somewhat. Memory still not returned, not sure if it will. Now EVERYONE prick your ears up, as you know muscle damage/wastage is a serious side effect!!! I have had a dragging feeling inside my vaginal walls for sometime - obviously 7 months of morning diarrheia, does not do a lot for ones internal organs. Well I went to get it ch

495

[Back to signature list](#)

My suspicions about statins were brushed off far too easily by my personal physician.

He ignored my arguments and said he had never heard about Uffe Ravnskov or the doubts about the "lipid hypothesis"

494

[Back to signature list](#)

I stopped taking lovostatin due to loss of dreams, sore bones, memory loss. I feel much better.

493

[Back to signature list](#)

In my research ,and with personal family experiences, I believe that the side effects of statins far outweigh any positives statins "MAY" have.

491

[Back to signature list](#)

Mail order pharmacy changed me from Lescol to what I thought was the generic form of it without my consent or knowledge. When I started feeling bad (weak, loss of energy, muscle achiness) I checked on that change. They gave me pravastatin not Fluvastatin. I stopped taking the drug and the problems subsided within 2 weeks or less. Never have tried another statin until last week - Zetia. This made me ill after the 2nd day with diarrhea, gas, bad taste, headaches.

490

[Back to signature list](#)

After 15 years of "high cholesterol", tests showed minimal heart disease. Bullied into two statin tries, my knees swelled, legs hurt, and I could barely walk. Doctors ignored my complaints. I stopped statins and legs were fine. Now use fish and flax seed oil and dropped cholesterol 45 points fast naturally. Stop drug company inaccurate test findings to boost incredible earnings. No one is a gatekeeper. Doctors are brainwashed. Statins are today's hormones, disaster waiting to be exposed. Thanks.

488

[Back to signature list](#)

As a child, adolescent and adult psychiatrist I am particularly concerned about the effects of statins on mood, temperament and cognition, as well as death from all causes. Thank you for your consideration.

487

[Back to signature list](#)

484

[Back to signature list](#)

Stroke at 55 in Jan08. On Simvastatin 40mg x 3 months beg 1st day after stroke. Stroke damage mostly recovered in 3-4 weeks (am so lucky), but experienced continuing & increasing, absolute fatigue, vertigo, breathlessness, palpitations, heavy legs and arms, painful knees (inc 'good side'). Felt couldn't go on & didn't care - unlike me! Usually eat healthy & walk everywhere, but no energy or motivation to do either - minimal housework or washing hair exhausts! Stopped statins 2 wks ago. Slight improvement.

483

[Back to signature list](#)

I believe that taking Zocor (simvastatin) for 3 years contributed to my congestive heart failure and cardiomyopathy. I also experienced the symptoms of muscle weakness and "mental fog". I have stopped taking this drug and am feeling much better!

481

[Back to signature list](#)

I know of two people in my family that have experienced side-effects from lipitor. This is a very dangerous drug for some people. Please remove from market!

478

[Back to signature list](#)

I started on 10mg lipex around 1998, it was increased to 20mg several years later and then to 40mg, when my doctor tried to push 80mg dose on me I rebelled and stopped taking them altogether. At that time I had shortness of breath and had given up smoking for about 12 months, I also had "Carpal tunnel syndrome" proven by test and was booked into hospital to have surgery, I stopped taking the 40mg Lipex and both the shortness of breath and Carpel tunnel syndrome symptoms disappeared within months

477

[Back to signature list](#)

I stopped taking Lipex in August,2007 after been taking them since January,2003. Health much improved, eyesight ,hearing, muscle weakness and overall health improvement. Doctor wants me to start taking them again and says it is not the lipex - but I know %C@&better!

**475**

[Back to signature list](#)

10mg Crestor caused severe weakness after 4 weeks. Strength returned after quit taking it.

**472**

[Back to signature list](#)

I have been taking lipitor for 6 years and have found that I am having muscular degeneration, loss of memory, aches and pains and few good nights sleep.

**471**

[Back to signature list](#)

After having a heart attack in 1996, my doctor put me on 20 mg. of Lipitor. I started having leg cramps at night in my legs and feet. Eventually, my bones and muscles started to ache so bad, I hated to get out of bed. I made no connection and both my doctor and I thought it was arithitis, until In Feb. (heard stories) took myself off the Lipitor. Within weeks, noticed for first time in years, I've been able to run, stand all day on my feet, work and now I feel great! Today happy to be alive!

**470**

[Back to signature list](#)

These are the symtoms I experienced whilst on simvastatin

Breathlessness  
Erectile dysfunction  
Planto fascyitus (Severe Heal Pain)  
Intense kneckand shoulder pain

I stopped taking this medication and was asked by my doctor to continue I did and within four days all these adverse side effects returned

**469**

[Back to signature list](#)

I take 40 mg of Lipitor and I feel bad all of the time. I have had 11 stents instaled in my heart and the Dr. keeps saying that I have to take this stuff.

**466**

[Back to signature list](#)

I have been taking sipitor for many years and for those years side effects gradually started. I told my Dr. that I had terrible neck pain and he sent me to therepy with no results, then he sent me to an orthpedic surgeon and he x-rayed my neck and said I had disk problems and put me on celebrex. Itold him that my arms and legs were prickley and numb and he said probably the nerves were pinched. After years of pain and fatigue I came acroo a web page on statin side effects and they all pertained

**464**

[Back to signature list](#)

I'm a 52-yr-old vegan Type I diabetic of 15 years and was prescribed Simvastatin by my endocrinologist in September

'07. Used this drug for seven months. During this time, was diagnosed with thoracic pinched nerve, but no treatment has helped with the constant pain and nocturnal, sometimes violent muscle spasms in this area. Been adjusted by 3 chiros. but am still experiencing spasms that prevent deep sleep. Am wondering whether the statin has been the true culprit all along, not a pinched nerv

**461**

[Back to signature list](#)

only genetical individuals need statins. Others taking statins put there immune systems into ? Co Enzyne Q for the heart?? After 1 year of first statin to all seniors, result, read the reports. Saved how many from heart attacks??Lower Cholesterol, watch the tri go up. The drug companies love this trip.

**458**

[Back to signature list](#)

I am signing on behalf of my husband He is 57 yrs old. Quadruple bypass survivor in 2000. He began taking Lipitor 4 yrs ago. He has lost muscle mass and his skin is a mess. His health has steadily deteriorated ever since taking Lipitor. He is not over weight, exercises regularly, takes Omega 3,6,9, and eats a heart healthy diet.

**456**

[Back to signature list](#)

My mother was a healthy 65 year old recently retired and began taking a statin to lower cholesterol. She was willing to control the problem with diet, but the Dr. told her it could only be controlled with drugs. After beginning treatment, she suffered rheumatic symptoms in her hands and could no longer bend her legs or walk without problems. She figured it was the medication, so she went off it. The Dr. recommended that she continue and wasn't convinced it was the medication. She ignored him

**454**

[Back to signature list](#)

My experience with cholesterol lowering drugs was extremely detrimental until I became aware of the side effects which ceased when I stopped taking the drug.

**447**

[Back to signature list](#)

stains are evil and almost killed me!

**446**

[Back to signature list](#)

This is something that needs to be looked into immediately.

**442**

[Back to signature list](#)

I am only three years into my retirement, and now my liver has been damaged!!!! at 55!!!! it is very maddening when after reading that vitamin C can reverse High Cholestorol..... I was NEVER told that Lipitor could damage my liver

**441**

[Back to signature list](#)

I have been suffering memory losses which seem to be directly related to my taking of Zocor.

**440**

[Back to signature list](#)

they have had me on this pill for a little over a year.. and i am noticing sluggish behaviour and weight gain.. my mental abilities have also been affected.

439

[Back to signature list](#)

I was posted #10 in the beginning here. Updating.. Quit statins July 2006, assault started on joints, moving joint to joint, crippling, horrific pain. Feb 2007 it landed in right shoulder and is still there. MRI shows arthritis, tendonitis, bursitis and bone spur in a shoulder that never had a hint of problem before and NO injury. I woke up one morn and there it was and there it stays. NO treatment has helped!. I am afraid this will force me into early retirement and I don't want to retire yet!

438

[Back to signature list](#)

Having been prescribed Statins now for almost 2 years, along with other tablets, it seems to me that most of my pain originates from the taking of statins. What ever people in the medical profession may argue, they should at the least listen to people like us that are taking statins. i find it annoying that they always come across with the i know better attitude. i could write many pages detailing further comments. but i wait to see what may arise in the near future.

437

[Back to signature list](#)

Since being on Lipitor I have experienced tingling and vibration in my left foot and lower leg. I have since stopped taking any statins and the symptoms have somewhat diminished but have not entirely stopped and I believe I will always have some damage that will not go away.

436

[Back to signature list](#)

I am suffering memory loss and have strong evidence it is related to Zocor.

435

[Back to signature list](#)

I took lipitor for over a year, and had severe muscle pain throughout my arms, hips, legs, and elbow joints. My cholesterol level went down to a total of 110 from 300. I lost 20 or more pounds, but because of the pain I quit. It only took 2 days to feel great relief, but another 6 months for total relief from the pain. Then I took red yeast rice for a few months and experienced the same pains again. I quit that, too. Playing racquetball with weakened muscles led to my hip replacement surgery

434

[Back to signature list](#)

I've stopped taking statins for almost 2 years, after 10 years on statins. Upon realisation of the fact that taking statins was not helping me improve my health at all but endangering it. I had been also on three types of medication for hypertension, but now only on one. My focus is on avoiding hazardous foods; taking appropriate nutritional supplementation & doing daily physical exercise, mostly stretching & walking. Happier now than the 10 yrs on statins. Many thanks to THINCS & associates.

433

[Back to signature list](#)

How is it that Baycol was taken off of the market as a Statin drug; And, not other Statin drugs under a different name- perhaps with other chemicals as camouflage?

I've been diagnosed with FMS, MPS, IBS, and Reynaud like syndrome, among other things. All of which I did not have before taking Statins. Now I'm disabled. New destination, and new map needed. Where is my guide now?

432



[Back to signature list](#)

I have signed this petition previously, but did not comment. It has been two years since I suffered Rhabdomyolysis from 3 months on Zocor. I have never gained my strength or muscle mass and am exercise intolerant. I felt happy, healthy and strong prior to statins and have been weak and tired ever since. The evidence that statins are a miracle drug is

lame and I am appalled that they continue to be prescribed to so many people. The drug companies are making a fortune while harming many of us

431



[Back to signature list](#)

Started with Zocor, added Zetia, then Vytorin. Cholesterol went down but noticed muscle deterioration (55 yo) and started having serious joint pain in one hip joint than both. Asked to be taken on after the study on Vytorin showed reduction of cholesterol but increase in plaque build up. Why does this not raise question of what actual effect of cholesterol is if its decrease increased plaque. 90 y.o. Dad was on Lipitor but had to be taken off after he started losing leg muscle strength.

430

[Back to signature list](#)

Lipitor. zocor made me very nausea and fatigued. Zetia has made my muscles in my feet and legs hurt. These drugs are poison and should be taken off the market, and manufactures held accountable!

428

[Back to signature list](#)

My father has been on statins approximately 5 or 6 years. Changes noted: neck/muscle pain, memory loss, confusion, trouble concentrating, irritability, impotency, nightmares, depression, ringing in ears etc., etc.. Situation seriously deteriorated 14 months ago. After being harassed on and off for over 12 months, attacked the aggressor. Dad is 70 and currently in prison. Never been in trouble with the law before. Completely out of character. The whole situation is a living nightmare.

426

[Back to signature list](#)

I have developed myositis twice from two different statins. The result of these illnesses has been very debilitating. Yet the doctors keep pushing them to me.

425

[Back to signature list](#)

Doctors have become the servants of the pharmaceutical industry, much to the detriment of their patients.

424

[Back to signature list](#)

I'm a Pharmacist. In practice statins are liberally and needlessly prescribed. I guess it's becoming easier to prescribe than to care for your patients. I am seeing more and more seniors complaining about aches and pains(esp legs) and nobody listening. I just had an 85 year old man with a cholesterol level of 2.1 and his doctor was increasing his dose of statin to try to lower that number to 1.5!!!!!! Insane.

423

[Back to signature list](#)

my mother was put on 40mg of Pravachol for a Cholesterol level of 170. She brought her Cholesterol down from 268 with diet and a supplement. What a change in her status, within 30 days of this med she experienced muscle weakness, unsteady gait, poor balance, had a fall, depression and memory issues. She just stopped the med 3 days ago I hope all this reverses as she was so active before all this. Her life has changed. This is mal-practice!

422

[Back to signature list](#)

My mother, very healthy, active, 71 yr. old with a total cholesterol of 170 was put on 40 mg. of Pravachol. After approx. 32 days she showed signs of weakness, memory loss, and balance problems. Needless to say we are very upset as don't we don't believe she should have been on any cholesterol meds. at all and the dosage appears to be high. Also, side affects were NOT discussed with her.

**421** [Back to signature list](#)

Interested to know the adverse effects of statins and what alternative is available.

**419** [Back to signature list](#)

please teach the Drs the dangers of these drugs. Have Drs. listen to the pts. better

**418** [Back to signature list](#)

I am on Pravachol 20MG a day.I have every thing you all talk about . I'm going to quit talking my meds. Thanks, Shirley A Hemingway

**417** [Back to signature list](#)

Thanks for doing this. It is long overdue.

**416** [Back to signature list](#)

I have had several (50-100) episodes of memory loss in the past 18 months lasting 5-10 minutes mostly accompanied by feelings of fear. I started to take Coenzyme Q10 and have had no memory loss since.

**413** [Back to signature list](#)

investigation of periphal neurophatics as a side effect of the use of statines should be investigated

**411** [Back to signature list](#)

when i took zetia i became depressed within 3 weeks. i stopped taking it and was back to normal within 3 days.

**410** [Back to signature list](#)

I have taken Vytorin for nearly a year and slowly I have begun to have problems remembering things. I thought I was just showing signs of old age.....at 61 !?? I'm going to stop taking it and see what happens!

**409** [Back to signature list](#)

I'm 60, slender, and have no health issues, but have very high cholesteral (300). My new doctor talked me into trying a statin drug. I took the pills for a couple of days, then began having diarrhea. Next came stomach pains, then all-over muscle aches-like the flu. I thought I had caught a 'bug'. When the symptoms didn't relent, I realized the drug might be causing side effects. (I'm rarely ill). I stopped taking them, and cannot believe these horrible drugs are prescribed.

**404** [Back to signature list](#)

These statins must be banned !! I have suffered severe muscle pain/weakness, joint pain, and have on going neurological issues all started after I began Statin therapy----I also had short-term memory problems, that have disappated after I took myself off Lipitor.

**402** [Back to signature list](#)

I am a 66 year old retired male not on statins.



**396**

[Back to signature list](#)

When first prescribed Lipitor, I was taking 10mg daily. The dosage was then increased to 20mg, and then to 40mg. Since increasing the dosage to 20mg, I have suffered bouts of depression, and since increasing to 40mg I have had suicidal thoughts.

**395**

[Back to signature list](#)

Vytorin gave me joint pain and tingling feet, which hurt in the morning when I stepped out of bed. The symptoms disappeared within two weeks after I stopped taking the drug.

**390**

[Back to signature list](#)

I'm a 62 year old medical technologist and 40 years ago, when I was performing cholesterol testing, the normal range for test results depended on the patient's sex, age and where they lived.

Therefore, it was known at that time, that as we age, our cholesterol levels increased naturally. The only people benefiting from Statin use are the drug manufacturers, their stock holders and the physicians prescribing them.

**389**

[Back to signature list](#)

we have had numerous patients with severe, sudden onset, all over muscle pain. after a re-exam it was determined they recently started cholesterol meds. after they stopped the symptoms stopped. this is not a RARE side effect as the commercials imply.

**387**

[Back to signature list](#)

serious side effect from lipitor. servere ,constant pain and muscle loss. bed ridden. unable to perform normal activities of daily living.much like a stroke.

**386**

[Back to signature list](#)

Prescribed a large - 40mg- dose of Crestor, I suffered daily from painful leg and arm muscles. This disappeared on suspension of the drug confirming the cause. The dose is now reduced to 5mg but I am concerned that I am now suffering from increased irritability and poor memory

**385**

[Back to signature list](#)

In 2005 I was taking 10 mg. daily of Lipitor. My hair started falling out. Stopped taking it. Back on it in 2007 at 5 mg. daily. Severe muscle pain. Stopped again.

**384**

[Back to signature list](#)

I study nutrition at level 2 at university and I think it's horrendous that the consensus concludes that the link between saturated fat, cholesterol and CHD are causal whilst it is clear they don't. As for statins, I think more research (unbiased) needs to be done regarding the safety of these drugs.

**381**

[Back to signature list](#)

Ban those bad medicines, that will slowly kill you!!

Where is moral in medical science??

Did it leave because of the economics???

**380**

[Back to signature list](#)

My husband has taken Lipitor ever since he had a TIA in 2004. Last November he began to experience severe pain in his toes and upper surface of his instep. He described them as electrical in nature and severe enough to keep him awake at night. After going off Lipitor, the pain receded. He is now pain-free. He was taking only 10 mg of Lipitor daily.

**379**

[Back to signature list](#)

I took Crestor for 11 days. By the 8th day I suffered severe muscle pain and weakness across the shoulders and down the arms and hands. I suffered severe fatigue. I also have fibromyalgia and Crestor made my pain worse. It has been 4 days since I took the last pill and I am still having pain and weakness in the shoulders, arms and hands. It is better but not completely gone. I know the Crestor caused this pain because my fibromyalgia pain is mainly in the lower back, hips and legs.

**378**

[Back to signature list](#)

Taking Simvastatin for 4 months nearly ruined my life. Muscle pain, and neuropathy plagued me and 6 months later I am still suffering.

**377**

[Back to signature list](#)

My dad, John J. O'Brien, died in November, 2007 after a long battle with an ALS-like disease. It was first diagnosed in Jan, 2003 at KU Med Center as OPCA. In a later visit, his physician said that currently it would be diagnosed as a Multi-system Atrophy. It began with balance problems. Later, he suffered from loss of hearing, reduced vision, incontinence, peripheral neuropathy, etc. Unfortunately, we did not make the possible connection with his statin use until the last few years.

**376**

[Back to signature list](#)

i was on lipitor because of my cholestrol my doctor put me on it, and he left and i was appointed to another dr. and i notice i started having problems with my legs and hipand told my dr. and he took me off, but i'm still suffering and its getting worst. so what can i do?

**374**

[Back to signature list](#)

At the age of 36, I started taking Lipitor for high cholesterol. Within a week I felt tired all of the time, light headed, and in a daze. Within 3 months, I had severe vertigo and dizziness, nausea, weight loss, tunnel vision, depression, weakness, tiredness, headaches, burning sensations, and other conditions. I stopped taking Lipitor after 3 months due to liver problems. I have since found out that I have glaucoma, esophagitis, and neuropathy. It is currently 4 years later.

**371**

[Back to signature list](#)

Lipitor made me feel like an old man, caused foot pain, knee pain, and reflux.

Other statins have caused general malaise and mild flu-like symptoms.

I now refuse to take statins despite slightly high total cholesterol.

**370**

[Back to signature list](#)

Please investigate peripheral neuropathy and dyshidrotic eczema (pompholyx) as side effects of statins.

**367**

[Back to signature list](#)

Statin (ab)use is out of control. My mother's doctor even has her on it, and her lipid profile was within the normal range!

She's on it only because she's a T2 diabetic. It's outrageous that she's taking this dangerous drug.

**363**

[Back to signature list](#)

I have experienced what I can only call premature aging. Though I am 66 years old, until last June, I was experiencing vibrant good health. I am a non smoker, eat only healthy foods, lost 35 pounds 3 years ago and have kept it off and walk 2 miles a day, every day. Since my doc proscribed an increase in my lipitor dose in June, I have had extreme muscle and joint pain, depression, cramps, gas, loss of memory and more. I want my cholesterol back!

**362**

[Back to signature list](#)

I took Lipitor for 2yrs. and Crestor for 4 yrs and my health slowly deteriorated. I suffered from peripheral neuropathy and almost crippling leg and hip pain as well as terrible leg cramps. I stopped taking Crestor Jan 07 and the leg pain and hip pain have stopped and only occasional leg cramps. The neuropathy is another story. Every step I take is very painful and I have been told this neuropathy is irreversible. I have lost confidence in the medical profession.

**361**

[Back to signature list](#)

Simvastatin left me with aches in both arms above the elbows, both shoulders, and my upper back. I also felt generally weak and drowsy while taking the medication. After quitting taking it 4 weeks ago, I have much more energy, and the pains persist but are slowly improving.

**357**

[Back to signature list](#)

I am not surprised to learn that the drugs potentially may be cancer causing. We, in the field of classical homeopathy, have long known that the suppression of one condition can result in the appearance of another far more dangerous degenerative disease.

**356**

[Back to signature list](#)

I have been on Lipitor for about two years with increasingly acute pain in my shoulders and upper back. I decided to take myself off of Lipitor and within three days I could again put on my clothes without assistance and raise my arms completely above my head. I can't believe how dramatic the change has been. I feel like a new person. I thought it was all due to arthritis, but it was the Lipitor.

**355**

[Back to signature list](#)

To keep people sick is worth much more money than to heal them without making a penny

**352**

[Back to signature list](#)

My wife was prescribed Simvastatin after a TIA. While taking it she suffered from muscle pain, sleep problems, digestive problems, fatigue, pain high in the back and leg cramps. She complained to the GP and was given a blood test which showed she had rhabdomyolysis. Before the result of the test she had stopped the statins but at the same time developed heart arrhythmia which has required hospital treatment. We are convinced it is too great a coincidence for it to be unrelated to the statins

**348**

[Back to signature list](#)

Statins for 4 years caused memory, writing & verbal difficulties, severe depression, and weight gain (bad for a diabetic), pain in neck, arms and legs, tingling, sleeplessness, fatigue, myalgia. Had to resign as a teacher. Doctor clueless. Statins caused me to lose retirement pay & question my sanity. It has taken 2 years to recover but muscle & kidney damage does not get better. I want statins off the market. I now control cholest w/diet & exercise only.

346

[Back to signature list](#)

After less than 6 months on Lipitor, I developed the side effects of brain fog, muscle weakness, balance problems, and slurred speech. I have stopped taking Lipitor and hope that the symptoms will cease, but they have not after 3 months. I have been told by a neurologist that I may have a motor neuron disease based on failing a nerve conduction study, and continue to seek medical clarification of my illness. My neurologist now is hoping to rule out ALS. Please do not take Lipitor or any statins.

344

[Back to signature list](#)

As a Pharmacist, I have seen too many adverse reactions to statin drugs which have been mis-diagnosed by physicians as a cold, flu symptoms, or prescribed muscle relaxants.

343

[Back to signature list](#)

We donot need more useless drugs that cause more harm than good. One should make meaningful life style changes. Less stress, more fruits and vegetables, increase exercise levels and keep a positive outlook.

341

[Back to signature list](#)

I signed this petition whilst taking simvastatin a couple of months ago. Since then I was taking Lipitor which gave me the most terrible pains in my neck and shoulders. Have now stopped taking any statins for the last 2 weeks and feel so much better with all the pains now gone. Will not take statins again.

340

[Back to signature list](#)

I've tried them two times and each time they increased the pain of my FMS and Arthritis two fold.

339

[Back to signature list](#)

I can tell you this is not a joke, from direct experience. I have been taking Simvastatin and have developed over the last several months severe arm, back and leg pain to the point of not being able to walk. I stumbled on this article last night stating that Simvastatin can cause Drug-Induced Myopathy. Doctors had no solution, tested with negative results, last night I stopped taking the it. Today I can actually go to the bathroom without screaming from the pain. STOP THIS TYPE OF DRUG!

336

[Back to signature list](#)

Statin recommendations are irresponsible and do more harm than good. Depletion of Coenzyme Q-10 and other critical biological functions is not good health science. Shame on those putting financial gain ahead of good health.

334

[Back to signature list](#)

Statins are one of many pharmaceutical drugs that cause serious side effects, often more dangerous than the condition they're supposed to treat. One of the effects of statin drugs is muscle wasting and deterioration. Since the heart is a muscle doesn't this work against the purpose of taking statins? Please do impartial testing, that does not require needless suffering of animals. We need to be able to trust our healthcare system!

329

[Back to signature list](#)

Having taken Lipitor for several months I could not walk for more than ten yards due to calf pain when I would have to take a rest. Since I have been off it I now walk a mile or two every day and no pain.

328

[Back to signature list](#)

My life has been changed in a negative way by statins. I believe that there should be more studies to confirm the dangers.

324

[Back to signature list](#)

About time!

There can be no doubt that the theory of cholesterol and heart disease, at least as related to the statin mechanism, has outlived its epoch. Useful only to generate large profits; but of prescious - if any - benefit to the patient (payer).

The theory is wrong. The paradigm must die. And should have done so years ago. However, as is obvious for most people already, and will be obvious to ALL before to long, the entire statin show was a scam from the start.

323

[Back to signature list](#)

Many people having put trust in their doctors are finding that prescribed medicines are very detrimental to their health, due to the many conra-indications with the use of drugs.

About time the use of statins was stopped, and that your organisation actually started taking responsibility for the health of people, by banning many of these.

320

[Back to signature list](#)

Am suffering short term memory loss,(been diagnosed with Parkisnsons possibly??) slowness, shaking left hand and arm and rigidity,cognitive difficulties etc etc. Please help us find out .

319

[Back to signature list](#)

Dr Graveline's book is very revealing.

Low dose statin therapy, 2mg or so should be allowed and higher doses stopped.

318

[Back to signature list](#)

i took lipitor it almost crippeled me

317

[Back to signature list](#)

I was taking Statins for almost a year after showing a moderately high cholesterol reading. It didn't take long for me to start showing some of the signs of statin damage. Memory loss, absent mind, sore muscles, aches and pains, muscle weakness leading to torn knee cartilage requiring surgery. It was by sheer "luck" and determination that I discovered that Statin medication was the cause of my troubles and without them I am problem free.

316

[Back to signature list](#)

aug. 06 was admitted w/rhabdomyolsis and a cpk of 14,000. while CoQ10 seems to be helping w/strength issue-periphael neuropathy and rheumatoid arthritis continue to worsen.life is not much fun!!

312

[Back to signature list](#)

I am a 46 year old male. I have been taking Advicor for 4 years. Last year I suffered a severe lower back injury with no

warning. And just recently I had a terrible rash on my right arm about 4 inches in diameter. Then the constipation came. I have never been so uncomfortable. I also think I also have holes in my memory. I have been off statins for almost a week and am feeling much better. I also might add that I have had 4 bowel movements in four consecutive days.

**310**

[Back to signature list](#)

I have ALS and has been using statens.I am curious if staten caused my ALS

**309**

[Back to signature list](#)

Having experienced increased moodiness, forgetfulness, and a general lack of clear thought, I support an unbiased investigation of these drugs so that future prescriptions may be given with more caution and awareness of the possible side effects.

**308**

[Back to signature list](#)

Took Lipitor for 4 years prior to being diagnosed with sporadic ALS

**306**

[Back to signature list](#)

I too have had reactions to statin drugs, ending with 2 trips to ER. An investigation into these drugs is the least that needs to be done.

**305**

[Back to signature list](#)

Statins are a major problem because of their widespread use. The side effects are ruining many lives - and I mean MANY.

**304**

[Back to signature list](#)

Please fulfill your responsibility for World Health. An impartial and fair assessment of Statin use is sorely needed.

**303**

[Back to signature list](#)

My physician prescribed Zocor (simvastatin) for me , to reduce cholesterol. My concerns about it were dismissed offhand as "internet" nonsense. I refused to take it, but I would like medicare in my country to re-investigate this question.

**302**

[Back to signature list](#)

The side effects of this drug are enough to make you want to call Dr. Jack Kvorkian.

**300**

[Back to signature list](#)

My father (83) had been taking Lipitor for 3 years, then started getting weaker. He stopped taking the drug, then when he felt better, started again. He then started getting extremely weak and we again took him off it. After a couple of weeks off it, his weakness stopped progressing. His Doctor then put him on Crestor and he immediately started to weaken again. We took him off and he has not stopped progressing this time. He has now been diagnosed with ALS and is declining very quickly.

**299**

[Back to signature list](#)

My father (83) had been taking Lipitor for 3 years, then started getting weaker. He stopped taking the drug, then when he felt better, started again. He then started getting extremely weak and we again took him off it. After a couple of weeks off it, his weakness stopped progressing. His Doctor then put him on Crestor and he immediately started to weaken again. We took him off and he has not stopped progressing this time. He has now been diagnosed with ALS and is declining very quickly.

**298**

[Back to signature list](#)

Intense sciatic type pain, needing 2 crutches to get around for weeks. Now 4 years later still have some numbness in left foot, and balance is not what it was.

**296**

[Back to signature list](#)

Please print and tell the truth about statins. They cause more harm then good?

**295**

[Back to signature list](#)

I took Simvastatin in spring of 2002 for 6 weeks. I destroyed my body. Practically ever side effect possible it did to me. Six years later it still effects me every day, immune system, connective tissue disease, eyes (broke veins in my eyes), still have ringing in my ears, muscles still twitch and pain especially when overexert. STATIN DRUGS CHANGED THE QUALITY OF MY LIFE.

My family background is to live into their 80's & 90's....I now believe my longiviety has been shortened.

**294**

[Back to signature list](#)

I am a 50 year old female and I started experencing symptoms which was later diagnosed as ALS about 1 year after i started taking Lipitor

**292**

[Back to signature list](#)

It should be Mandatory that all statins undergo Phase 4 trials. Lipophilic statins are now implicated in 3 of the major neurodegenerative diseases: Alzheimer's, ALS and Parkinson's.

**290**

[Back to signature list](#)

My life has never been the same . Statins left me with permanent severe peripheral neuropathy in both feet greatly reducing my mobility , I am 50 years old . no one should have to go thru type of thing with any drugs. These should be outlawed.

**289**

[Back to signature list](#)

I took Pravachol from 9/93 to '97 when I was switched to Lipitor (20 then 40mg). Started suffering from neuropathy of feet & legs 1/04. Finally figured 11/05 it was due to Lipitor. Quit cold but still suffer.

**288**

[Back to signature list](#)

I find this whole Statin problem sinister and frightening.It is todays medical heresy to deny,criticize or question statins. One asks oneself as to why whole groups of our so called best brains have gone for it hook line and sinker.But then whole nations have been manipulated to act in a bad way, so can't be too difficult for a Pharmaceutical Giant to bring pressure to bear.Then we have our nanny state (Labour) getting involved with all that entails which to me means avoid like the plague.

287

[Back to signature list](#)

While on Lipitor and Zetia I experienced severe muscle cramps in my legs and also abdomen. I also had to give up running due to muscle soreness, which occurred after starting on the statin. I also suffered memory loss to the point of people noticing and commenting on it. when you combine these effects, due to depletion of coenzyme q10 with the very small benefit these drugs provide, especially to those without risk factors, they should be banned.

283

[Back to signature list](#)

real health benefits should always outweigh economic benefits!

279

[Back to signature list](#)

Son Jacob committed suicide after taking Lipitor. He first took it & had nightmares of "guns and knives" and jumped out of a hotel window. He couldn't concentrate on it. Went off of Lipitor and read 3 books. Went back on - 5 days later had "guns and knives" nightmares; bought a gun & killed himself. NO doctors warned me of side effects though we asked about it! Husband became extremely depressed on Mevacor and lost his mind for 4 years. Tried to kill himself 3 times. No prior psych probs

278

[Back to signature list](#)

I believe Statin Drugs are very dangerous & should be taken OFF the market.

277

[Back to signature list](#)

STOP,NOW!

275

[Back to signature list](#)

By interfering with the mevalonate pathway, many compounds vital to normal body function, such as isoprenylated proteins, co-enzyme Q10, cholesterol and steroid hormones, are inhibited.

With so many important compounds affected, it should be no surprise that there is such a wide range of serious adverse effects seen in those who are conned into using statins.

There should have been a moratorium on the use of statins until proper trials had been done. There must be one now.

274

[Back to signature list](#)

I BELIEVE THAT I AM ANOTHER SUFFERER FROM THE EFFECTS OF STATINS.I WAS ON SIVASTATIM/PRENALIP/EZETROL. I WAS ON THE DRUGS FOR TWO MONTHS.IT WAS HOWEVER ONLY DURING THE MONTH OF RAMADAAN(FASTING)DID I NOTICE THE MOST VISIBLE SYMPTOMS SUCH AS THOUGHT DISTURBANCES,DEPRESSION ETC. I STOPPED THEM IMMEDIATELY.

272

[Back to signature list](#)

I am a 53 year old diabetic and was prescribed statines as a preventive measure to lower my quite normal cholesterol level to a low level. Soon after taking this drug, I started to suffer from severe muscle pain and lost energy. I decided to stop this treatment and my problems disappeared. My wife, a ccu nurse and my doctor think I am stupid, but I feel great. Drugs prescribed for prevention shouldn't have any side effects!

271

[Back to signature list](#)



I am a victim of long term statin use and most doctors don't believe me. They are wrong. My life will never be good again.

**270**

[Back to signature list](#)

side effects included muscle weakness, brain fog and sexual dysfunction

**269**

[Back to signature list](#)

I had such bad side-effects I finally told my doctor, "no way!"

**267**

[Back to signature list](#)

Definitely more research is needed. This drug affects far too many people, and docs are negligent in their prescribing.

**265**

[Back to signature list](#)

Statins reduce one the most basic building blocks used in humans of which 6 are used for making cholesterol and 10 for Q10, the essential component in every cell to make energy.

Statins will never extend lives of women and the top selling statin (Lipitor, Tahor) has never extended the life of anyone in a clinical trial. The side effects are fundamental and the benefit in very few debatable. More here:

<http://www.health-heart.org/cholesterol.htm>

Clearly WHO needs to investigate.

**264**

[Back to signature list](#)

Statins definitely need to be investigated further. Doctors shouldn't be prescribing them if they don't know a lot about them and their effects.

**263**

[Back to signature list](#)

I experienced muscle cramps, depression, lethargy, lack of concentration and a generally feeling unwell whilst using Lipitor. I stopped using the drug about three weeks ago and already feel much better. I shall not be using it again.

**262**

[Back to signature list](#)

I have suffered painful aches in shoulders and neck, and memory loss since taking simvastatin.

**261**

[Back to signature list](#)

I'm currently residing in the Philippines part of the year. I sincerely hope this petition will be considered and taken very seriously.

**260**

[Back to signature list](#)

My husband has suffered 2 yrs of constant back pain, he's had gall bladder removed, and had to pay several thousand pounds for private pain relief epidurals , all now proved a wild goose chase!. This all despite telling GP on 3 occasions he suspected statins was the cause, which was IGNORED. Blood test for muscle breakdown was only done last week, after my husband requested this - this was positive. I've now heard that GPs received a financial incentive for everyone put on statins!

I have experienced many debilitating effects I believe due to Simvastatin & Lipitor. Pseudo Carpel Tunnel, muscular weakness, breathlessness, hepatitis 6 3cm gall-stone, all within 2 years of medication.  
Short-term memory is useless.  
Medication now stopped ... hopefully things might improve ... this blind faith in medication MUST BE STOPPED.

258

[Back to signature list](#)

if i had listened too my doctor i would be bedridden today, taking statins make things worse. i supplement now with cq10 daily.i could write a book about all the side effects.i have a good doctor but he never listens to my complaints about lipitor and zocor.he tells me he takes lipitor every day and it is perfectly safe.

249

[Back to signature list](#)

Serious affects from statin drugs...such as, muscle weakness, kidney and bladder infections, pain in kidney area, digestive problems, tinnitus, hearing loss, spiking blood pressure, neausea....with only 140 lipitor pills #10 in 1 1/2 years.  
Am on 350mg COQ10 but still have muscle weakness in legs.

248

[Back to signature list](#)

My calcium score is 0 at age 57. Nevertheless, my physician recommended statins. Result: memory loss others noticed, muscle soreness so severe it often brought tears to my eyes, and suicidal ideation. I had a choice: go off statins, or retire, quit driving, and admit that I was now an old woman. Went off the statins and all adverse effects disappeared. Please investigate side effects of these drug.

245

[Back to signature list](#)

On Lipitor about 8 years. Began to get weak and foggy, but doctors could not figure it out. I heard "stress", "heart", "too much business travel" and then "the only other thing I can think of is you may be depressed."

Changed doctors in February, 2007 and after 8 months of discounting everything in medical records and tests and more tests .."Stop taking Lipitor today!"

I typically earned \$450,000 annually. I've earned \$18,000 the last 2 years as I can't function.

240

[Back to signature list](#)

Everytime I have taken a statin, I have experienced depression confusion, and an inability to concentrate. Also, I developed a tinea skin infection after taking Pravachol, which came back when I resumed statins on two other occasions. I am finally convinced that statins are not for me. I'll take my chances with familial hypercholesterolemia, it really is a disease, in the first place.

237

[Back to signature list](#)

Hello, I m selecting evidences of holesterol myt and cowriting book on lipids, to inform slovenian population on wrong statement on holesterol and lipids that was made from Farmacevtical and other industries.

It s time to stop this myt!

Good luck. A.

235

[Back to signature list](#)

I took statin drugs for 9 years, the last 3 years I took Lipitor. I had pain in my joints, edema in my lower legs, tiredness,

shortness of breath. My doctors ordered many tests. The edema kept getting worse and then the muscles in my left leg started hurting. One doctor even suggested my systems may be in my head. I stopped taking Lipitor about 1 year ago. In a few days the joint pain went away. The edema improved gradually. I'm feeling much better today.

**233**

[Back to signature list](#)

I was given Statins and after about 5 months I developed a numb area just above my left knee. Also I developed severe cramping in both calf muscles. (these symptoms still persist, although not as severe) On top of that, for the first time ever I suffered severe depression, that thankfully has improved but sometimes re-appears. Statin in my opinion is dangerous and is only kept on the market because of interferences by pharmaceutical big money. I know 2 others who have suffered the same symptoms

**232**

[Back to signature list](#)

I have just received from my doctor's receptionist(!) the news that I have high cholesterol and that a prescription for Lipitor is waiting at her office. I checked out various sites on the internet about statins and most certainly will NOT take this medication.

The stream of pharmaceutical representatives flowing in and out of this office, bringing lunches for the entire staff on a daily basis, is shocking and proof that big money is involved here. It is an abuse of the public's trust!

**231**

[Back to signature list](#)

My husband has experienced every symptom of Lipitor side effects. I have genetic low cholesterol and he has high. I have high blood pressure ... he has low blood pressure. He always had "the heart of a 20 year old" until he had his cholesterol checked. I am convinced Lipitor has created illness in my husband that did not exist prior to his body being poisoned by this drug.

**230**

[Back to signature list](#)

Prescribed for my husband for slightly raised cholesterol. Caused muscle damage in lower calf

**229**

[Back to signature list](#)

I have refused to take a statin, and am still here five years later! My blood cholesterol is virtually unchanged, but my heart is still in very good working order.

**227**

[Back to signature list](#)

Statins are the biggest pharmaceutical scam of all time and are very dangerous.....it is time to do a Vioxx -type investigation FREE of Big Pharma and FDA influence.

**226**

[Back to signature list](#)

There is evidence now that cholesterol does not cause heart disease and is essential for the body to function normally. Statins, therefore, as well as causing side effects and depleting the body of CoQ10, are actually totally useless.

**224**

[Back to signature list](#)

Please take note that more and more people are suffering from many forms of nerve diseases when on Stain drugs. Unlike most drug induced diseases the damage due to this type of drug on the nervous system appears to be permanent.

222

[Back to signature list](#)

A careful review of the literature on statins leads me to the conclusion that the small positive effect statins might have for heart attack victims is a.) probably not due to their cholesterol lowering action and b.) is not worth the terrible side effects they cause. In fact, the whole cholesterol hysteria should be re-examined number by number, for too often the researchers in the field claim positive results that their results do not support.

221

[Back to signature list](#)

Thousands of doctors world wide are well paid by the pharmaceutical industry. Their prescribing of statins borders on corruption. There is also the element of ignorance: Most doctors simply do not know the whole truth about the side effects of statins, nor about the extent. Why? Because they are not informed by pharmaceutical companies: research on statins is carried out by the pharmaceutical companies and research which leads to illustrating side effects simply does not get published.

220

[Back to signature list](#)

Observed many of the side effects associated with Lipitor while being treated for "elevated" cholesterol. Side effects are receding since discontinuing treatment.

219

[Back to signature list](#)

All I got from statins was muscle pain and the thought that I'd rather die from a heart attack than take Lipitor

217

[Back to signature list](#)

for God's sake remove Lipitor from the market. My husband has turned from a fit active man to a semi-invalid in a short time on Lipitor. He can hardly walk. This dangerous drug should be removed from the market immediately.

214

[Back to signature list](#)

I have been advised to start taking Statins and am very skeptical. Even more so after reading this literature.

212

[Back to signature list](#)

Statins are dangerous. Recent studies have shown that older people survive better with TC levels > 6 mmol/L.

Am J Med. 2003 Sep;115(4):265-71.

Serum cholesterol levels and in-hospital mortality in the elderly.

Onder G, Landi F, et al, Arch Surg. 2002 Jul;137(7):805-12.

Delgado-Rodríguez M, Medina-Cuadros M et al

also Br J Surg. 2007 Mar;94(3):369-75 &

J Gerontol A Biol Sci Med Sci. 2006 Jul;61(7):736-42

211

[Back to signature list](#)

I think the dangers of this drug like CoQ10 depletion and some of the other side effects are underplayed and the benefits are over stated. I have just recently stopped taking them and have managed with natural alternatives to lower my cholesterol and raise my Hdl but are becoming increasingly aware of the controversy surrounding the drive to get more people taking. Is there any really evidence that it really saves lives or is it just marketing.

210

[Back to signature list](#)

Having gone to my doctor for a check up he told me I had a serious health risk because of high cholesterol (6.2). I was put on a statin (Lipitor) and the number dropped to 3.6...wonderful he said.

5years later I finally had to admit to myself that all the issues with my health could be down to the 'wonder' drug. These issues are too numerous to mention here but since giving up the drug last March 2007 my health, mentally and physically has improved so much.

please do something for others.

**209**

[Back to signature list](#)

My wonderful husband took statins for 10 years and has been off for 10 months. He had terrible pains - especially in his lower back and legs. Doctors can't find anything wrong. He is still suffering. These statins need a lot more research.

**207**

[Back to signature list](#)

Statin drugs and the cholesterol neurosis is the biggest medical scam of the modern age. Millions of innocent people are being targeted by drug companies by use of scare tactics to get them to believe they have a familial genetic predisposition to cholesterol. Its a preposterous notion, and completely denies all the tenents of Biochemistry 101. Its as criminal as young women being talked into having healthy breasts removed because their mother had breast cancer!

**206**

[Back to signature list](#)

After about 10 years on statins they have finally caught up with me causing muscle weakness bordering on rhabdomyolosis, and including short term memory loss.

I am now wondering if my wifes peripherol neuropathy causing imbalance and trouble walking is also a result

**203**

[Back to signature list](#)

I would like to tell the Zocor and Tricor manufacturers how they ruined my life. I was happily married for 33 yrs until my husband started exhibiting symptoms of statin toxicity. My life has been hell since the 1st neurologist told us, Direct Quote, "Go home and get your affairs in order, you have ALS and will be dead in 1 year." I have JRA, Juvenile Rheumatoid Arthritis and had been doing well on my medications until now. I am so stressed I can barely breathe. I cry all the time Thank You!

**202**

[Back to signature list](#)

I have a class action case docketed in the US Supreme Court that includes Merck for the harm and permanent and irreparable injury I incurred from taking zocor. The case is going to be reviewed by the US Sup. Ct. tomorrow, Sept. 24, 2007. Case No. 06-11508. Doing what I can to protect all including running for US Congress basically because of the degradation of our health care industry and a failure of the FDA to regulate the drug industry.

**201**

[Back to signature list](#)

I'm 48, female,was healthy and active. Was prescribed lipitor 10mg. for high cholesterol in the winter of 2005.Stopped taking it in mid June 2007.I suffered profound side effects and was diagnosed by my DR. as having Myopathy due to statins. I experienced severe muscle pain,stiffness, weakness and eventually could only shuffle to walk. Night sweats, high and low grade fevers..Difficulty swallowing and speech affected.Loss of balance and coordination,loss of memory and difficulty concentrating

**199**

[Back to signature list](#)

My experience with Lipitor - immediate severe muscle cramping. With Crestor - increasingly severe peripheral neuropathy and increasingly severe short term memory loss. ----- NOT GOOD!

197

[Back to signature list](#)

Cholesterol is made in the liver to the tune of 10 eggs worth a day (2000 mg) and GOD is no fool

196

[Back to signature list](#)

Muscle pain and tendon problems made me stop Lipitor...after 5 months of quitting this drug, still having little improvement...the severe pain stopped as soon as I quit taking it! Doctor insists the pain is from injury...I can assure you, there has been no injury!

195

[Back to signature list](#)

I have taken Lipitor, Vytorin and Zetia. These drugs have reduced my quality of life, that only God knows how I have suffered. I will never take another statin in my life again. I have nearly convinced all of my relatives to get off statins. They were convinced, after seeing my own muscle wastage.

194

[Back to signature list](#)

My husband took statins for 8 yrs following CABG. Complaints of muscle pain/stiffness, muscle atrophy, changes in vision, then later memory loss, were dismissed by our doctor claiming either the benefit far out-weighted any 'discomfort' or 'statins don't do that'. Through research we discovered that 'statins DO cause muscle pain, stiffness, atrophy and memory loss. My husband still experiences persistent memory processing even after stopping all statins for 3+ years.

193

[Back to signature list](#)

I was prescribed 40mg simvastatin without the doctor even seeing me to explain possible side effects and my concern is that if statins can effect the muscles, isn't the heart a muscle and by the way 6 months ago I didn't know anybody who had high cholesterol but now everybody I talk to has high cholesterol and has been prescribed statins. It seems like they are being dished out like sweets. After researching them on the internet I won't be taking them.

192

[Back to signature list](#)

I took Lipitor from October 2002 to March 2007. In addition to constant fatigue by the end of 2005 I developed a strong pain in my right leg. My CPK tests were normal until March 2007. I then stopped taking Lipitor and the pain diminished significantly but I am left with a residual pain that does not go away. In summary, Lipitor crippled me.

190

[Back to signature list](#)

Please look into the side effects of statins. Here in the UK most of the symptoms are ignored or brushed aside by the medical profession, after a heart attack 12 years ago I was put on Zocor 10mg which was upped to 40mg about 3 years ago just before my triple bypass. Like many other sufferers I have had a multitude of tests for a multitude of symptoms, (the symptoms were more profound after the increase).

189

[Back to signature list](#)

I believe that these drugs do more damage than good and prey on people's fear of heart attack and death.

188

[Back to signature list](#)

I developed a quite serious myopathy due to the use of rosivastatin prescribed to me as preventive measure because of the combi-nation of DM and hypertension. I was a devastating experience which ruined a great deal of my life quality. I

my practice as orthopaedic physician I see a lot of sore bodies that improve a lot after stopping statin treatment.

**187**

[Back to signature list](#)

If statins are also indicated to reduce cardiovascular risks in those with low/normal cholesterol, they can't be working as they say they are, as well as being damaging to health. More investigation is urgently needed the world over.

**186**

[Back to signature list](#)

High cholesterol diets are not the problem ,its obviously the modern food processing and farming methods.

**184**

[Back to signature list](#)

I started statins approx. 16 years ago. Approx. 1to2years ago my muscles (from head to toe) started hurting so bad I could not go beyond my couch. One day it was so bad I had my wife take me to the hospital. The doctor in the ER told me to stop the statins. I now feel some better, however the damage seems already done. As I look back I remember having sever cramping in my arms, legs, and different places on & off for many years. Now when I see tv adds directing people to take statins I get mad

**182**

[Back to signature list](#)

My husband suffered traumatic and permanent damage from taking Lipitor for a brief period of time and we did not receive sufficient warning about the extent and nature of the side effects. This is a very powerful and dangerous drug.

**181**

[Back to signature list](#)

Lipitor gave my father ALS

**180**

[Back to signature list](#)

I feel that there is a more natural way of fighting high colesteral. humans have live for over 6000 years (that's counting recored history in Egypt). If this was such a problem then why are we not extinct.

**177**

[Back to signature list](#)

My husband was on a very high dosage of Lipitor for a year (80mg) His nerves are dying and his muscles have atrophied. We're scared.

**174**

[Back to signature list](#)

I have experienced some of the common side effects and the scary part for me is, the doctors I have reported them to (two different doctors) don't seem concerned about it, or want to discuss my problems with Lipitor, such as the severe muscle soreness in my mid back, right side with the burning sensation. So, who do we report these side effects to as suggested in cholesterol medication commercials? No one cares.

**173**

[Back to signature list](#)

Having worked for twenty years as a pharmacist I have learned from literally hundreds of patients about numerous side effects of statins - which many of the doctors were uninterested in knowing about.

**172**

[Back to signature list](#)

Diagnosed with myalgia caused by Lipitor on 8-16-2007 (37 yr old male)

171

[Back to signature list](#)

I have taken (tried) every type of statin available. I have had HORRIBLE effects from the drug, i.e. debilitating leg aches, fatigue, memory problems, etc.

I have since quit the statins, feel 100% better, and choose not to ever take statins again. (with the blessing of both my family doctor and cardiologist.

I would hope that the statins are investigated thoroughly and more people realize the consequences of taking them!!

168

[Back to signature list](#)

I have been takeing liptor for a 3 years and I am now convinced that its bring ing me a lot of pain

164

[Back to signature list](#)

See "You Tube" "funniinnit" and will be appearing on ITV sometime in October as Trevor McDonald is doing a program on statins.

This is an absolute abuse of our human rights and a perversion of humanity to put profits before people's health. It seems our spineless doctors are being bullied into prescribing this poison but Hey! 126K pa for sitting around frightening the over fifties into awarding their GPs a pay rise?

Good luck

163

[Back to signature list](#)

After taking 'Lipitor" for about 6 months I began suffering reduced ability to safely perform my work manipulating the controls of complex machinery. Since stopping the medication it has taken some 3 years to regain the skills lost.

162

[Back to signature list](#)

a STUDY of statins effects is long overdue. The science behind it was poor to start with. Too many people are being hurt with its use!

161

[Back to signature list](#)

My mother took Crestor (20 mg) for over 4 years. 01/2007 she was diagnosed with ALS. Although she stopped taking the Crestor 12/2006, the STATIN INDUCED ALS continues to get progressively worst. AND YES THIS POISONOUS (STATIN) MEDICATION CAUSED MY MOTHER'S ALS IN ADDITION TO NUMEROUS OTHER HEALTH PROBLEMS.

160

[Back to signature list](#)

While on Lipitor for more than 1 year I experienced memory problems, personality changes, extreme fatigue, loss of muscle mass and muscle weakness. I stopped Lipitor over 3 years ago, and still have some memory issues and have not regained all my muscle mass.

The public needs to be better informed of the damage this poison can cause. Doctors should wake up and quit prescribing drugs from the statin class. This is a tragedy of huge proportion.

158

[Back to signature list](#)

who should be blamed the doctors or drug companies for this dreadful evil poisonous drug, i was only on it for 7 weeks



and my life has been ruined, i only hope i get better now ive stopped taking it, whole body swollen with water retention, pain in my calves so bad i could cry i can hardly walk my knees are the same , i was a fit active vet until now i weighed 9st 10lbs 8 weeks ago i now weigh 14 stone and rising

**155**

[Back to signature list](#)

I was on SIMVASTIN for 13 months and it has had devastating effects on my muscles and memory, I suffer with joint pain as well as other symptoms. The quality of my life has gradually got worse. I have now stopped taking the tablets.

**154**

[Back to signature list](#)

US doctors seem no longer able to listen to their patients concerns about the detrimental effects of drugs such as statins. All anecdotal evidence is simply shoved aside with the company line that the related side effects don't exist or are highly unlikely.

My brother is in a wheelchair for 14 years, I'm convinced because of statins. I was told I would die if I didn't take statins. I now suffer the seemingly permanent effects. Further unbiased study is warranted.

**152**

[Back to signature list](#)

Statins have changed my life. Dr. Graveline's website, [www.spacedoc.net](http://www.spacedoc.net), has made a difference in my recovery.

**146**

[Back to signature list](#)

Im a 29 year old male who is relatively fit and had a cholesterol reading of 8.2 so my doctor placed me on 20mgs of lipitor. Was on them for three days and felt the effects almost immediately. Light headnesses, confusion, nausea and muscle soreness. Googleg lipitor and cholesterol and discovered the the mainstream theory and practice was driven by vested financial interests (should have known) and am now schooling myself on all points of view and will hopefully make an informed/ right decision.

**144**

[Back to signature list](#)

I have had negative side effects whilst on statins and have yet to be convinced that they are so absolutely necessary even though I am considered to be in a high risk category. I intend to take my chances without statins and continue to be suspicious of the pharmaceutical companies who gain enormous financial benefits from their sales.

**143**

[Back to signature list](#)

Myopathy from lovastatin

**140**

[Back to signature list](#)

Dangerous pharmaceuticals need to be taken off the market before it is too late. ALS, MS and other dissabilitating diseases are increasing with the use of the highly prescribed statins, we need your intervention for the sake of the humanity.

**139**

[Back to signature list](#)

Inspite (or because of?) of being an ex pharmaceutical researcher, I very strongly believe, drug companies are out for profit rather than benefit to mankind. They are actually damaging the society out of their greed for lucre and what is more they dont care. The FDA and doctors are their puppets.

**134**

[Back to signature list](#)

THIS INVESTIGATION IS LONG OVERDUE!!!!!!!

**133**

[Back to signature list](#)

In past five years have witnessed dozens of patients who have undergone repeat CABG procedures. In each case those patients were taking statins which should have avoided the need for the repeat CABG procedures. Where is the benefit?

**132**

[Back to signature list](#)

The Statin dangers clearly outweigh the benefits. Doctors are clearly not being educated to recognize the effects when presented. Too much drug hype by the big Pharma companies influence their ignorance on this matter.

**131**

[Back to signature list](#)

Having experienced severe complications from the use of statins, I urge you to investigate the practice of using statins and other fluorinated pharmaceuticals in the practice of medicine. The devastating effects on the immune system alone should be cause for their withdrawal from medical practice.

**130**

[Back to signature list](#)

Was on statine for 3.5 years. The last dose of 80 mg LIPITOR for 6 weeks nearly killed me. Also the phase 3 from Pfizer (Torcetrapib/20 mg LIPITOR) being in the test group with levels of cholesterol of 0.9 !!!! nearly killed me, since my heart arteries were full of cholesterol (in 5 mnths I needed a stent. So much for low levels of cholesterol !) I stopped on March 15, 2007 with intake statine and follow alternative therapy from [www.spacedoc.net](http://www.spacedoc.net) and are now healthy with 3.2 to 3.6 LDL levels

**127**

[Back to signature list](#)

After taking lipitor(10 mg) for three weeks, both my shoulders became sore. The pain lasted for about five months.

**123**

[Back to signature list](#)

I have been on lipitor for over 2 years following a stent procedure. My LDL cholesterol is down to 109 but my doctor thinks it needs to be even lower, so has doubled the dosage. Now I am experiencing muscle pain, extreme fatigue, depression, mental confusion, lack of coordination of motor skills, and more. I am having difficulty performing tasks that used to be easy for me. It is affecting my ability to earn a living.

**122**

[Back to signature list](#)

after being off statins for almost one year i yet suffer muscle and joint pain . at times my memory evades me. i have unexplained swellings called lipoma by my doctor. i would rather die of high cholesterol than ever to take another statin drug . my life has been virtually destroyed.

**115**

[Back to signature list](#)

Having seen the adverse effects first hand of statins, I wish to add my voice. Popping a pill is not the answer to health. Returning to nutritional whole foods as research and history dictate is the way to go.

**113**

[Back to signature list](#)

It is criminal to turn healthy people into patients with prescriptions for cholesterol medication. There is no evidence that indicates statin drugs are beneficial for healthy people.

110

[Back to signature list](#)

I suffered muscle cramps and spasms, slurring words, falling, clumsiness, amnesia, rash, while taking 10 mg Lipitor. Stopped in April 2006 and got instantly better for 2 months then relapsed and have since been diagnosed with the motor neuron disorder ALS (Lou Gehrig's) Lipitor poisoned me.

109

[Back to signature list](#)

Fortunately, not all of us die from statin therapy. I stopped in time to be relieved of these nasty side effects, and restrated for a short time to observe the eight of so s.e. return within 24-48hrs. I have a daily record over 2.5 yrs of b.p. to show the decrease after discont. treatment.

105

[Back to signature list](#)

I have personal experience with the mental side effects of this medicine and know numerous other people that report the same thing. Problem improves once off the statin drugs.

98

[Back to signature list](#)

As a victim of two mild heart attacks (2 bypasses) and who has recently been prescribed statins and taken them, I've experienced heart pain, muscle weakness, muscle pain, high serum CK and high troponine during the therapy with them. I've tried three times to use them and have even reduced the doses to "snuff sizes" to reduce side-effects - all to no avail. My family appears to be biologically/medically vulnerable to cardio-vascular problems. As a non-medic, I'm a bit unsure about the situation.

96

[Back to signature list](#)

Tell the truth.

95

[Back to signature list](#)

Go to: [www.Spacedoc.net](http://www.Spacedoc.net)

94

[Back to signature list](#)

I have suffered at least 4 episodes of TGA causing me great distress. I have reason to believe these may be caused by my long term use of Lipitor. I was astonished to find out by accident that this is likely and neither my GP nor my hospital made the link when I sought advice on my memory loss.

93

[Back to signature list](#)

It has been 1 year since I took myself off of Lipitor- I was then rechallenged with Crestor and immediately chronic fatigue, headaches, knee pain and weakness plagued me- I have to be on Prednisone just to live a normal life- this stuff is like poison!

91

[Back to signature list](#)

I was on a statin drug for 4 years. I believe this statin drug has caused Peripheral Neuropathy in my left leg that is constant. It never goes away. There is no medication so far that can even come close to easing the pain. Statin drugs need to be investigated more before giving to the public. There are alot of us out here that have already been damaged by statin drugs, not knowing if we will get better by not taking the drug now, or just staying the way we are. IN PAIN.

90

[Back to signature list](#)

I count myself among the many thousands worldwide who blame Lipitor as triggering fatal motor neurone disease. I took 10mg daily for 3 years until, too late, I realized its toxic effects.

89

[Back to signature list](#)

evidence from statin trials are biased by industry and not properly guarded against

their benefits are also grossly inflated

85

[Back to signature list](#)

i am a64 year old whos has been on Zocor for about 6 Years. Iwent from !0 mg to 70 mg.

Ihave expeierenced swollen feet 7 legs ,Sore left shoulderthat prevented from doing th ewipe for two years. ihad soe knees for several years.,loss of short term memory, my eye sight was effected, the worst painf of all was erectile dysfunction , shortness of breath. told my three gp's about thes symptoms but one associated these symptoms yo Zocor , a statin drug. iwas given puffers for shortness of breath, I

83

[Back to signature list](#)

Research needs to be done to ascertain exactl whether or not statins actually do any good - they can certainly do harm

81

[Back to signature list](#)

Cognitive side affects were experienced. No blood work done over three different doctors.

80

[Back to signature list](#)

I have seen so very many signs in my partner of the harm these drugs can do. He has blanks in his memory, loss of muscle tissue, horrible aches in his knees and calfs, he shakes, and sometimes is unable to pronunciate words...the man is only 57years old.

78

[Back to signature list](#)

I was given Vytorin, when I told the Dr. of the muscle pain and weakness, he did not take me off of them. Within a year, I could not stand/walk more then 45 minutes & was in pain all day & night. The Dr. told me I had lupus.I went off the statins I notice an pronounced change in a matter of a day- not lupus. 1 & 1/2 years later I am still in pain. With the help of 2000mg a day of Co-emQ10 I can go to work. My new Dr. says for 45 my legs are like an 85yr old. I used to be in the gym 6 days a week

76

[Back to signature list](#)

I had a heart attack in'98. my colestarol was 4.3. the hospital put me on statins. After nearly 2 years and a change of statin and a higher dosage.I realised that the pins and twitching in my muscles was not due to my heart attack and physical work. A blood test revealed that my CK level was twelve times what it should be.

9 years later it is still 5 times too high, I walk with sticks and can't work. I have been diagnosed with irrevocable skeletal muscle and nerve damage.

74

[Back to signature list](#)

The use of Zocor prevented me from running more than 2 miles, a major event considering I was a marathon runner. Not to mention a series of very serious skin infections. Upon stopping Zocor I returned to my normal healthy condition.

72

[Back to signature list](#)

as statin users, we need unbiased research - I have been on 10 mg Lipitor for 10 yrs, 20 mg Lipitor for 2 years, and 40 mg Lipitor for 2 years, total of 14 years on Lipitor. I am a type II diabetic. In the last two years I have developed moderate neuropathy in both my feet. I have had ringing in my ears for 3 years.

71

[Back to signature list](#)

My father has been on statins for several years and suffers from problems which are now recognized as side effects of these drugs. I'm thankful I learned of the serious risks involved since healthy family members, including myself, were recently prescribed these statins, too. I firmly believe that "hypercholesterolemia" is a contrived, "invented" disease and the cavalier manner in which statins are dispensed is very disturbing.

68

[Back to signature list](#)

My mother took Lipitor and within weeks felt leg cramps, muscle weakness and fatigue. Her Dr. urged her to keep using. After awhile she decided to lower chol naturally. She did. Shortly after stopping the Lipitor she started to slur her speech. My mom was extremely healthy, diet, exercise involved in her family. No Dr. could find anything wrong with her. Until 1/31/07 when she was diagnosed with ALS. She is now 93 lbs, feeding tube, ventilator and dieing. I believe the Lipitor did this to her.

67

[Back to signature list](#)

My brother, 46 years old, has been on statins for only 4 months and already has severe thigh muscle bruising, muscular pains, tiredness and very high serum potassium. Unfortunately he believes his cardiologist. Please read Dr Mary Enig on fats and cholesterol.  
Amy Atkinson

62

[Back to signature list](#)

After 2 months on lipitor and then other statins I had extreme muscle and joint pain requiring use of a cane. I am only 51 yrs. of age. These side effects took several months to reverse after stopping the drugs. While taking the drugs my cardiologist never mentioned the pain might be associated with this therapy. It was I, after doing my own research who refused to take statins and initiated a discussion about this connection with my doctor! Only then did he say it could be from the statins.

59

[Back to signature list](#)

THE FACT THAT COENZYME Q10(UBIQUINONE)  
IS DIMINISHED BY STATIN USERS AND THEREFORE CAN AND DOES CAUSE CARDIAC PROBLEMS IS IN  
ITSELF A SIGNIFICANT LACK OF VITAL INFORMATION TO USERES OF THESE DRUGS- THERE IS NOW A  
STATIN IN COMBINATION WITH COQ10--FINALLY GIVING THE PROBLEM SOME RECOGNITION

55

[Back to signature list](#)

I feel that Statin drugs are too dangerous to remain on the market and given as freely by physicians as they are to so many people without much, much more study.

54

[Back to signature list](#)

The statin issue needs impartial investigation. Too many lives are being ruined by indiscriminate statin drug use. The side effects of statin drugs are horrendous and they may actually be doing more harm than good, considering that high cholesterol has been shown years ago by scientific studies to not be causally connected with vascular disease at all.

53

[Back to signature list](#)

I suffer from very painful neuropathy in my feet and legs, which after much testing has to be attributed to the Lipitor & other statins I took for 12 years. There is no cure for this and it is unlikely that it will go away. Since I stopped taking Lipitor in 2005, I have lowered my cholesterol by taking natural meds.

Also, I am a registered medical technologist and when I worked in the '50s.'60s & 70's the normal for cholesterol was 250 to300 - who changed this?

51

[Back to signature list](#)

My father died prematurely from taking statins, inquest verdict misadventure.

48

[Back to signature list](#)

It is time to recognize that most, if not all, prescription drugs are harmful, not helpful, to the wellbeing of humans. They are toxins masquerading as something helpful.

47

[Back to signature list](#)

My mother continues to suffer with Peripheral Neuropathy due to 5 weeks of the stain Zocor. She will have this problem the rest of her life. Take this junk off the market!

46

[Back to signature list](#)

Was on Lipitor for 4 years and may not live long enough to recover from the damage to the muscles in my legs and to my liver.

44

[Back to signature list](#)

This poison should be taken off the market

40

[Back to signature list](#)

The body needs cholesterol. The brain needs cholesterol and makes its own. If something is not done, we will be creating a generation who can no longer think. I hope the WHO thinks before more people suffer damage.

39

[Back to signature list](#)

Please search out the truth!

38

[Back to signature list](#)

My husband was on a statin, don't think he will ever be himself again, had and still does have lots of muscle pain, aches, memory problems, still does. personality problems. it is not worth it to me or anyone else to see their loved ones go through something like this, just so the pharm companies can make big money and the drs. that write the prescriptions. There is no real evidence either that cholesterol is a problem with heart attacks, hubby had normal cholesterol with low hdl.

JudyinMO

37

[Back to signature list](#)

After suffering horrendous muscle degeneration from statins in 2003, I have been bullied and harassed about my high cholesterol levels by the medical profession ever since.

Yesterday I finally managed to speak to a specialist about the nerve damage to my leg, only to be told I'm at risk

because of my high cholesterol. (My HDL is 88.8).

I've had enough and will do anything I can to get these drugs withdrawn.

**36**

[Back to signature list](#)

My experiences with statins over 7 years: Extreme muscle soreness and weakness, overwhelming exhaustion, eye disturbance, depression, total lack of libido, leg cramps, rash, memory block all leading on to NO QUALITY OF LIFE. I have now stopped taking the statins and already a lot of my symptoms are improving. This drug is destroying peoples lives and NO-ONE IS LISTENING.

**34**

[Back to signature list](#)

my father suffering alot fom side effect of lipitor (back .hip shoulder,feet,arm pain)very weak muscle can not move to his bed very hard to sit or get up from the chair,car,cant take shower by his own and much more totally sore body and very very weak muscle being on lipitor for 6 years plz help now if there is any way to get better.

**32**

[Back to signature list](#)

I was prescribed 20 mg of Lipitor for 14 months and had numb fingers, sore muscles, joint pain and awful mind numbing daily headaches- had fibromyalgia like pain and terrible fatigue- I went off it myself, told my doctor who agreed with me and then he pushed Crestor samples into my hands when I was leaving and said my cholesterol levels would kill me and to take Crestor as it was mild- he nearly killed me- I was so sick I did not get out at all for over 4 months-stains are like poison

**31**

[Back to signature list](#)

My nephew had a kidney transplant about 4 years ago and his kidney has been doing fine until he was prescribed Lipitor for high cholesterol. Apparently Lipitor is not compatible with anti-rejection drugs. My nephew is now in end stage renal failure again due to a reaction from Lipitor. He also has Rhabdomyolosis, a very dangerous and often fatal side affect of Lipitor and other Statins. His kidney Dr. (Nephrologist) prescribed Lipitor. This is totally unacceptable! Get rid of these drugs!

**30**

[Back to signature list](#)

I am a 53 yo female with family history of diabetes and high cholesterol. After physical therapy for tendonitis, I had biceps soreness that lasted for 4 months, not to mention, overall muscle aches and weakness, memory problems, sleep problems, fatigue, trouble walking, neuropathy, etc. With permission from my doc, I quit the zocor, and felt better in 2 days. I was only taking 10 mg for about 6 years. Some symptoms began 3 years ago. I am certain zocor was the culprit. Please investigate.

**29**

[Back to signature list](#)

my husband suffers from parkinson's disease, we feel is directly attributed to 1) selenoprotein tRNA disruption from Lipitor and 2) depleted coenzyme Q10 from lipitor. There are a myriad of plausible pathophysiological reasons for lipitor causing neuromuscular diseases--depletion of the major lipid component of the substantia nigra--dolichol--by Lipitor, etc. I know of 3 individuals who feel lipitor caused their parkinson's disease.

**28**

[Back to signature list](#)

I took statins for 15 years and disabilities were diagnosed as old age. I am now 74 and my life will never be good again. I now refuse statins, stopped them and the pain has subsided. I now have balance, speech and writing problems. As the strength of the statins increased the disabilities became evident so it was no coincidence although doctors don't

agree. My opinion of doctors have deminished also because they refuse to admit statins could be dangerous.

**27**

[Back to signature list](#)

Depression, hurt to walk, legs kept giving way under me, soreness in all joints, hurt most of the time. Memory loss, mind foggy - I've been off Zocor for 6 months with 200-300 mg COQ-10. No aches, pains, depression. Mind is Alert. Walking & riding bike for hours. 55 yrs. young (now!!). Drug should be outlawed.

**26**

[Back to signature list](#)

I am a victim of the statin drugs! Last March 2006 all I could do was sit on the sofa and sleep. Thanks to Dr. Graveline's web site I found out about the supplements that the web site recommended and with these supplements lead a semi active life. Please note that without said supplements I would be back on the sofa or probably dead. If I miss the supplements my muscles start aching and I get worse.

**25**

[Back to signature list](#)

Our life has been drastically changed as a result of the statin drugs. My husband went from a healthy active person to a very inactive one. All because of the statin drugs!

**24**

[Back to signature list](#)

I have permanent muscle and nerve damage and am 100% disabled due to statin use.

Blood tests to monitor for statin damage were always normal, so were USELESS in protecting me!

For over 5 years, my means of mobility have been a cane and wheelchair, the statin RUINED MY LIFE!!! I was 43 when life as I knew it ended due to statin use.

From discussing statins with people I personally know, I have found that adverse statin effects are not at all RARE, and are in fact alarmingly COMMON.

**23**

[Back to signature list](#)

Far too many people have been damaged by these drugs. Their loved ones suffer needlessly too, as for those with memory loss, it becomes a handicap to be dealt with.

Who is going to pay for the care that these damaged folks will need when their muscles no longer work properly or they can no longer care for themselves due to chronic pain or severe memory loss and loss of cognitive functions? This and many other dangerous prescription drugs need to be investigated and removed from the market!

**22**

[Back to signature list](#)

I took crestor 10mg. for 3 months. I developed muscle pain all over. 1 yr and 3 months later I Still suffer, many tests,many doctors,lots of med. bills, Now have high blood pressure,Gout attacks, I'm on lots of meds, I still can not work full time. my life is not the same, no end in sight.Even though I have insurance I still owe so much.I need HELP, PLEASE! Prior to taking crestor I was pain free. I suffer daily, my family suffers daily . I don't want anyone else to suffer.DOES ANYBODY CARE??

**21**

[Back to signature list](#)

I was perfectly healthy and then was diagnosed on a blood test, with Hypercholesterolaemia (I now know it is not a real disease - an invention!). I was perfectly healthy up to that point.



But I was in difficulties within 6 days on 40mg Simvastatin.

Realised with my 1960's knowledge of biochemistry that all toxic symptoms related to the inhibition/poisoning of my 'mevalonate metabolic pathway'

Luckily I stopped on day 6 and seem to have made a full recovery - with BP 120/80 (24hr average

**20**

[Back to signature list](#)

This statin fiasco brings nothing but shame to my profession, the practice of medicine.

**19**

[Back to signature list](#)

currently on lipitor 40mg for familial hypercholesterolemia- noticeable side effects from 1 month of usage. Irritability, fogginess, lack of energy, aggressive, forgetfulness, confusion, speech impairment, depression, more frequent heart palpitations, craving high cholesterol foods. this so called miracle drug has been more like a living hell. I just hope the brain damage which it seems to have caused can be reversed. Im only 23 years old.

**18**

[Back to signature list](#)

Diagnosed with CIDP---but inconclusive. All effects of the black box warning for Zocor is what I had-tingling, loss of sensation, peripheral neuropathy, pain and loss of strength in hands, arms, and legs. Could barely walk, or lift anything. Doctors refused to admit any connection to zocor. When I quit zocor on my own, I was then able to walk halfway normal after a couple weeks. Still have lingering effects from Zocor----and doctors still refuse any connection to Zocor.

**17**

[Back to signature list](#)

30 days on statins ended up costing me \$50,000.00 out of pocket over 3 years, and it took me 2 years just to convince doctors that the statin is what caused my problems. My condition went from statin myopathy, to now having Mitochondrial Myopathy. I have to pay \$200.00 each month for medication, just to be able to function. This drug can be bad!

**16**

[Back to signature list](#)

After taking low doses of Lipitor for about 3 years it has dramatically changed my life for the worse. I have weak leg and arm muscles as well as pain, some memory loss and other problems.

I ask that you PLEASE take time to investigate the harm statins are doing to thousands of us around the world and stop them from being given out to anyone else.

Kindest regards!

Sue OKray

**15**

[Back to signature list](#)

I just turned 44 six days ago. I stopped smoking a few months ago, don't drink, and I was exercising on a daily basis. I also watched my diet to keep fit and healthy as I could. Although, I had no other contributors to a heart attack or stroke besides a high Total cholesterol number (which is hereditary) my doctor put me on Vytorin. 16 months later, I can barely walk and I suffer daily with burning sensations, numbness, and pain from my neck to my toes.

**14**

[Back to signature list](#)

When my wife went off Lipitor, I got my wife back. It was like she was going thru menopause again, while on Lipitor. She was a real bitch. Now she is back to being her pleasant self.

13

[Back to signature list](#)

Due to statin damage, I had to quit Lipitor, and start using supplements which are not covered by insurance. Statins are a danger to many people, and I wish for them to be investigated. Many people have had adverse reactions to them. Several of my friends have had to quit statins, or will have to, due to muscle and nerve damage. I have had to retire, due to mental confusion and physical weakness, caused by statins.

12

[Back to signature list](#)

I took zocor from 1998 to 2002...had severe bloody diarrhea, muscle weakness/pain/ progressed to nerve damage in my feet and a nerve tumor...Tests at Mayo clinic ruled out any disease that may have caused these symptoms...conclusion...the zocor...I have been off zocor since 2002....all symptoms have disappeared except I have permanent periferal neurapathy...zocor ruined this otherwise active persons life.....

11

[Back to signature list](#)

I was on statin drugs and started having trouble walking. My legs would bother me so much. I quit taking the meds and it gradually got a lot better.

Carol Bulger

10

[Back to signature list](#)

I was on Lipitor for 5-6 years. Started on 10mg and over the years upped to 40mg. I had to many problems to list and when the memory problems started, I decided to get off of it and see if that was the cause, 2 days off and I knew it was. The stuff had stolen almost all my energy and life and darn near made a cripple out of me. I am convience that another year on them I would have been completely unable to take care of myself anymore and I am only 60 years old!

9

[Back to signature list](#)

In just over three years I was reduced from a robust, physically active 61 yr old to a pain-ridden, doddering old man. Aafter 6 months off Statin drugs (Lipitor and Zocor) I can now sleep thru the night and climb stairs pain-free. I'm not at the gym again; not yet, but hopefully. PLEASE help prevent this misery from visiting other new patients by insisting on STRICT medication guidelines, testing, and information dissemination legislation.

8

[Back to signature list](#)

Statin drugs have reduced my quality of life down from about an eight to a one. My muscles are now so weak and painful that I was not even able to attend my youngest son's recent wedding.

Please help us.

7

[Back to signature list](#)

13 years of statin use has given me weak arms, hands, muscle atrophy and twitching. I am also exercise intolerant. I used to lift weights and run 4-5 miles per day. I suffer from fatigue and I feel that statins ruined my quality of life. I am 49 years old and feel like I am 80. Please consider the long term effects of statin medications. As time goes on, I bet you will see more and more problems arising from use of statins. Please investigate this and educate doctors about the hazards.

6

[Back to signature list](#)

I almost lost my life due to statin damage in 2002. The damage is permanent, but supplementation with the vital CoEnzyme Q10 is now necessary, also with L carnitine, which holds back further muscle wastage.

The damage caused to Q10 production in the body has been known since 1990 and is the subject of two patents awarded to Merck, but not acted upon nor their contents made known to medical authorities. A 1990 study by Karl Folkers et al also shows measurements and some effect of this damage

**4**

[Back to signature list](#)

17 years on statins (Zocor & Lipitor) After 5 years I had to give up work as a college lecturer in Maths because of lack of stamina and impaired thought processes. My doctor did not associate these effects with statin therapy but concentrated solely on driving down my cholesterol level. I have suffered from pain in my arms and weakness in both arms and legs. I have only recently discovered that my symptoms are common amongst statin users and that research has falsified the cholesterol hypothesis

**3**

[Back to signature list](#)

A moderate dosage of Zocor (20 mg/day over 3.5 years) caused a host of alarming and unexplainable problems, including not only numerous muscle injuries but also problems of cognition, perception, energy, and memory. Eventually a neuropathy set in that caused a pulsing sensation throughout my body that lasted for months. As a Ph.D. professional these problems threatened my productive career. Only stopping the statin ended these problems. A year later I'm almost back to normal.

**2**

[Back to signature list](#)

Long term leg muscle problems after four 20 Mg doses of Zocor. Blood testing showed no problems.

**1**

[Back to signature list](#)

The prescribing of statins has reached unprecedented proportions. The benefits of a low cholesterol are being readily disproven by peer-reviewed evidence. The iron grip of the pharmaceutical industry is absolute and the industry is looking for more ways to put more people on statin therapy. It has been mooted that every human would benefit and that statins should be added to the water supply. The World Health Organisation must help ordinary people to resist this money generating madness.